

IRONMAN® 70.3 | Dubai

OFFICIAL RACE MAGAZINE

THE SEVENTH EDITION



THE EMIRATES
MAKE IT HAPPEN



مجلس دبي الرياضي
DUBAI
SPORTS COUNCIL



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Calling all IRONMAN 70.3 Dubai triathlon athletes!
Enjoy special rates as you relax and recuperate with a stay
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STARTING FROM AED 430.00 FOR OVERNIGHT STAY

- Complimentary breakfast served at Farriers restaurant
- Access to infinity pool with stunning skyline views
- Access to fully-equipped gym overlooking the race course
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- الطب الباطني وأمراض الغدد الصماء
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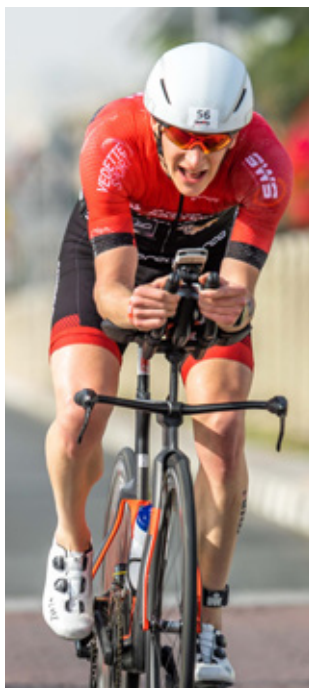
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IRONMAN
70.3® | Dubai

AMPED-UP ENERGY FOR RACE DAY



OFFICIAL NUTRITION PARTNER



BEST THINGS TO DO IN

DUBAI

It's not too hot and it's not too cold. This is the best time to make your stay count in one of the scenic countries in the world.

DUBAI DESERT 4X4 DUNE BASHING, SANDBOARDING, CAMEL RIDING, DINNER



Experience multiple highlights of the Arabian desert. Slate of activities including dune bashing, sandboarding, and camel riding. Learn about the history and customs of the desert. Watch dance and cultural shows at a desert camp to learn about the region

DUBAI FOUNTAIN



This popular dancing water show jets water streams as high as 150 metres in the air.

Each colourful, illuminated jet sways in time to various musical numbers from around the world, producing what has become the one of the most popular shows in Dubai.

Two showings occur in the afternoon (1pm and 1:30 pm), except on Fridays (1:30 pm to 2pm) and evening displays begin at sundown and take place every 30 minutes until the final song plays at 11 pm.





IMG WORLDS OF ADVENTURE



Children will not be able to contain their excitement in the labyrinth of enormous theme parks such as Motiungate, Bollywood Park, and Legoland theme and waterpark,

Adults can relax on Riverland Boulevard which is home to restaurants and exciting entertainment programmes.

The luxury Polynesian-style hotel, The Lapita, is situated in the theme park offering guests easy access to the facilities on offer.

HATTA

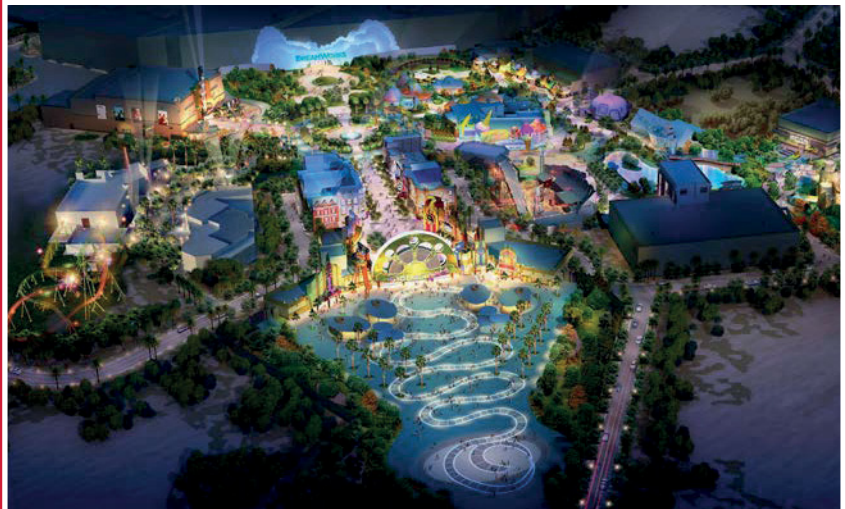


Here you can try your hand at kayaking along the serene Hatta Lake or traversing the rocky mountains on foot with specially-crafted hiking experiences.

The area include a chic lodge-style hotel, trailer parks for glamping enthusiasts and a

Don't forget to pack your swimsuit as the Hub is also home to Asia's first ever water jump park, Hatta Drop-In.

DUBAI PARKS AND RESORTS



FLYBOARDING



Fun, excitement, speed - and even 5D, you can expect all this in the enormous theme park, which is the size of 28 football pitches.

With the most up-to-date and exciting rides, IMG Worlds of Adventure will bring your favourite characters to life.

There are themed rides for younger visitors with Ben 10, Gumball, the Powerpuff Girls and LazyTown, while older visitors can delve into the world of Marvel heroes: Spider-Man, Hulk, Iron Man, Thor and The Avengers.

You will also come across life-size animated dinosaurs in the Lost Valley.

Thrill-seekers can get their kicks out at sea with Hydro Water Sports, where Dubai's latest toys are setting hearts racing.

Hydro Water Sports ensure that even beginners will be able to manoeuvre themselves around and soar above the sea - just be prepared to make a splash crash-landing on your first few attempts.

This is not for the fainthearted so come with a thirst for adrenaline, and for first timers, a little patience to get the hang of it.



IRONMAN®



THANK YOU

Our Proud Sponsors



هيئة الطرق و المواصلات
ROADS & TRANSPORT AUTHORITY





WELCOME MESSAGE

General Secretariat

Dubai Sports Council

Khalid Al Faheem

UAE Triathlon Chairman



Sport features high in the directives of the UAE's prudent leadership and forms part and parcel of the policy of the UAE Government, given its positive impact on health, welfare, community, the vitality of individuals, and the harmony it generates between community segments.

This approach is materialized on the ground by constructing the infrastructure required to practice all kinds of sports in the UAE, besides establishing and supporting all sports institutions to carry out their duties towards the society in general, and sport in particular.

We are proud of the hundreds of international and local sporting events organized here, be it competitive sports or sports that contribute to building a healthy body for all sportspeople, apart from the positive impacts of such events on the community. We are also keen on organizing events and tournaments for the disabled community and women as well as other segments of the community such as foreign communities settling in the UAE, who represent a vital segment of our hospitable Emirati society, which embraces whoever seeks to live in peace, harmony and cooperation.

Today we welcome an elite bunch of international triathlon champions together with hundreds of triathlon fans who hail from the world over to watch those professionals participating in the third

edition of the IRONMAN 70.3 Dubai which has succeeded in shaping into a prominent event in the annual sports calendar.

We wish success to all participants hailing from the UAE, the Arab World and the whole world, and return home with unforgettable memories about our nation.

It is quite exciting to welcome the fourth edition of IRONMAN 70.3 Dubai. This event is undoubtedly the most anticipated and most significant event on the globe. IRONMAN has had a positive impact on the lives of many, especially when they do not merely consider this event as just a sport but life itself. We are proud to witness people from across the globe compete in this challenging sport that tests individuals both physically and mentally.

The first women-only triathlon event under the auspices of the Women's Sports Committee of Dubai Sports Council (DSC) at the Dubai Ladies Club was held in 2017 and will continue in the years to come. We are also encouraging Emirati women and women of all nationalities to participate in triathlon events. UAE embraces all residents of the country from nationals including the expatriates to the disabled community. We have a mandate from the government to create events that are inclusive of everyone.

Sports bring people together and to be more specific IRONMAN 70.3 is a powerful tool that echoes unity and cooperation. This reflects the country's aim in creating events that foster camaraderie and contribute a positive

impact on health, welfare, and wellness of the community. This event is made possible due to the immense support from sponsors, volunteers and authorities that makes organizing IRONMAN 70.3 a smooth endeavor. The

iconic event has also helped to boost Dubai's tourism and achievements and also has placed Dubai on the international sporting front.

So for this IRONMAN 70.3 season, we wish every participant the best. We hope that this event will be a memorable one for the year.





WELCOME MESSAGE

Amal Almurbati

Board Member and Managing Director
Faalyat W.L.L.



We are delighted to welcome everybody to IRONMAN 70.3 Dubai 2022. It is our privilege to again welcome the triathletes from all over the world in their journey for this race.

This year marks one of the biggest milestones in Ironman 70.3 Dubai, with the participation of more than 2,500 athletes representing 101 countries.

In recent years, there has been a culture shift towards sport and in particular, triathlon. This has had a positive impact on the community striving for a healthy lifestyle. IRONMAN has inspired people to move toward not just as an individual but as a family.

As for the main race day, the crowd will be able to cheer the participants throughout the day before they finish next to the start and transition area at the general grandstand.

For the seventh consecutive year, IRONMAN 70.3 Dubai will be a day of fierce competition as triathletes make their mark. It is thrilling to see what 2022 will bring us, who will grab the qualifying slots and what the final results will look like. We, at Faalyat Management, are honored to organize this prestigious event.

We sincerely hope that you all have a great race, enjoy the experience, and achieve your goals.

IRONMAN 70.3 DUBAI 2022

SEVENTH YEAR

2,500 REGISTERED ATHLETES

40 YR HISTORY | 1978 FIRST RACE





WELCOME MESSAGE

Ahmed Al Haj

Managing Director
IRONMAN 70.3 DUBAI



We are pleased to welcome all the participants from across the Globe to our seventh edition of IRONMAN 70.3 DUBAI 2022. Perhaps this tournament aims primarily to unite and highlight triathlon competencies that are well deserved to ascend podiums in various forums. We wish the participants a great success, and to highlight the artistic side and the high level that distinguishes the IRONMAN triathlon from other sports.

We hope that this triathlon race will come out in a way that suits the name of the Emirate of Dubai, and the distinguished international position that the event occupies.

Since the beginning of 2015, we have been organizing the IRONMAN 70.3 Dubai, and have worked up a comprehensive plan and a strategy to spread this sport not only in the Region but worldwide also. "It's evident! UAE is top on the list of "Top 5 participating locations (Globally)" this season.

The event has grown in stature to become one of the flagships 70.3 IRONMAN triathlon race worldwide and is attended by more than 2500 triathletes from all over the world. Athletes from 100 countries will be participating this season and the flags of these nations will be displayed at the race venue. Our race has always attracted not only amateur athletes but also Professional Triathletes, top of the line! This year top professional triathletes like Daniela Ryf, Laura Philipp, Kristian Blumenfelt, Daniel Baekkegard, Jan Van Berkel, Bart Aernouts and others will toe the line of IRONMAN 70.3 DUBAI. It is a proud moment for us to host these world class top professional Triathletes. Fingers crossed; we do hope for some world record to be made this season!

Dubai Sports Council is honored to present all sorts of technical and logistical supports to the organizers, Faalyat, to produce the event in the best possible way.

Our race has also gained a lot of media attention subsequently and the race articles will be featured on world's biggest triathlon magazines like Slowtwitch USA, Tritime Germany, Runnersworld, TriToday, Triaguide Austria and many more. Swiss TV channel and Redbull are also onboard to show our race and the top of the class, professional triathletes.

It is a matter of our pride and glory that the sport of triathlon in the Emirates receives the attention and support of the local and global triathlon community. This season, we prepare for the launch of the seventh edition of the IRONMAN 70.3 Dubai, with the support and the vision of His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice President and Prime Minister of the UAE and Ruler of Dubai. "In achieving societal development and empowering societies, through improving sporting performance, diversifying resources and working to spread the noble values of sport, as the main source of the values of tolerance and coexistence between societies, and through them we look forward in the year 2022 to strengthening the efforts that were made during the previous phase which establishes the approach of creativity and excellence in sports work,, and that the sport of triathlon has a major role in the development of Emirati sports, especially as our sport has an important role in raising the proficiency at three levels, namely swimming, bicycles and running.

I wish all the best to the athletes for the big day!





3-DAYS
TRIATHLON FESTIVAL

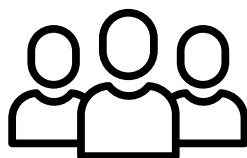
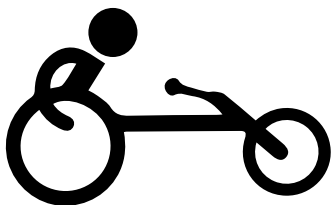
2,500
TRIATHLETES FROM
101 COUNTRIES



IRONMAN[®]

70.3[®] | Dubai

**PC CATEGORY
FOR ATHLETES WITH
DETERMINATION**



20,000
SPECTATORS



**FAMILY FUN-PACKED
IRONMAN VILLAGE
AND EXPO**

52

**ELITE
TRIATHLETES
INCLUDING
OLYMPIC &
WORLD
CHAMPIONS**



101 NATIONALITIES
REPRESENTED





EVENT SCHEDULE

Wednesday, 2nd March

START	TO	EVENT	LOCATION
09:00am	06:00pm	Expo	Jumeirah Public Beach
10:00am	05:00pm	Registration	Jumeirah Public Beach

Thursday, 3rd March

START	TO	EVENT	LOCATION
09:00am	06:00pm	Expo	Jumeirah Public Beach
10:00am	05:00pm	Registration	Jumeirah Public Beach
04:00pm		Press Conference	The Maidan Hotel
05:00pm		Pro Race Briefing	Online
08:00pm		Race Briefing	Video Upload, Online

Friday, 4th March

START	TO	EVENT	LOCATION
09:00am	06:00pm	Expo	Jumeirah Public Beach
10:00am	05:00pm	Registration	Jumeirah Public Beach
09:30am	06:00pm	Bike Check In	Jumeirah Public Beach

Saturday, 5th March

START	TO	EVENT	LOCATION
05:30am		Transition Opens	Jumeirah Public Beach
06:30am		Transition Closes	Jumeirah Public Beach
07:00am		Swim Start (Pro Men)	Jumeirah Public Beach
07:03am		Swim Start (Pro Women)	Jumeirah Public Beach
07:10am		Swim Start (Age Group Athletes)	Jumeirah Public Beach
08:00am	05:30pm	Expo (TBD)	Jumeirah Public Beach
11:00am		Pro Winners Flower Ceremony	Jumeirah Public Beach
01:00pm	05:00pm	Bike Checkout	Jumeirah Public Beach
		Slot Allocation	Online





THE RACE WEEK

Bahrain Endurance 13 encourage all the athletes to focus during the race week. Even in the final moments leading to the race, there are still things that one can do that will enhance your race experience and make a difference in one's performance.

Everyone will get nervous in the race week but remember, this is a test of all your training and hardwork you have invested in. Test results are polarising, you pass or you fail; you win or you lose!

That's a lot of pressure but eyes on the prize!





You need simple food that is not going to stay in your digestive tract for too long ensuring a settled, comfortable tummy for the race.

Nerves are not a bad thing. They are a physiological and hormonal response to prepare the body for action.

Once the gun fires, nerves are replaced by concentration.

If the days before a race are the worst part of my job then time spent racing is the best part. It's better than any movie, ride or party I have ever been to.

Take the time to remember the preparation that has gone into your race. Remember good sessions, remember painful sessions. Understand that if you have done all you can in the allocated time that you have to be happy with the outcome of that work.

If you are a little 'undercooked' and haven't been wholly focused on the task of racing that too is understandable. Do not force training in the last days before competition. You will only enter the race fatigued and unfit, which is infinitely worse than just unfit.

Use your relative freshness to your advantage. It is far better to be slightly undertrained than any over trained.

Concentrating on race routines and nutritional preparation won't take too much energy but will improve your performance. Enter the correct mindset of going out there and doing the best with what you have.'

Sports nutrition is not complicated. Away from commercial agendas and product marketing, successful fuelling plans have remained virtually the same for decades.

Whilst professional athletes may reach for a 1% advantage in nutritional strategy, 95% of competitors simply need to drink a carbohydrate drink that they can stomach during exercising and eat sugars that are quickly absorbed and easy to digest.

Try your race fuel out in training.

In the days before a race it is important to reduce fibre intake. Fruit, vegetables and salad play dominant roles in our daily diet but they have no place in the day preceding a race.

THE RACE DAY

Remember these three top tips for enjoying race day.

1 Experience people. Watch other people's faces, their joy, their pain, their effort and acknowledge their achievement. The difference in peoples' goals, in their shapes and their abilities is what makes this sport come alive.

2 Keep perspective. Triathlon is a sport and sport is marvellous because it mirrors life. Like life, it is the process rather than the result that matters in the end.

3 Sometimes people endure pain because they have no other choice. The grieving; the ill; the injured; the victims. Racers endure pain too, but in racing it is our choice and it is not infinite. Appreciate the freedom to experience pain, as we want. Millions would give anything for that privilege.





HOW TO TRACK ATHELETES

THE 2022 IRONMAN 70.3 DUBAI

IRONMAN MAN ON FACEBOOK WATCH

THERE WILL BE NO LIVE STREAMING OF THE RACE!

LOCAL TV COVERAGE

Follow the race action on local television, DUBAI sports channel.

March 5th, 06:30am DUBAI TIME

GET SOCIAL

Share your IRONMAN 70.3 DUBAI experience across your profiles with **#IM703DUBAI**.

Stay connected with IRONMAN 70.3 DUBAI, across our social channels to be on top of all the latest news and exciting events:

Visit : www.facebook.com/im703dubai/

Visit : www.instagram.com/im703middleeast/

Visit : www.twitter.com/im703middleeast@

Visit : www.youtube.com/channel/UCEvG3fB3cMT7GLSzvIj33gQ

#IM703DUBAI Live:

coverage (pacing, time splits, etc) of the professional race while you're on the go.

facebook.com/im703dubai/

instagram.com/im703middleeast/

IRONMAN Athlete Tracker App

twitter.com/im703middleeast

The 2022 IRONMAN 70.3 Dubai, features the latest in real-time race tracking by providing Live Results via the IRONMAN Tracker App.

FEATURES INCLUDE

Live Web Tracker: See times and current pace within seconds of a participant crossing each split point. Estimated times will be provided based on current pace.



TRACK YOUR ATHLETE

Real-time Facebook / Twitter Notifications: Get automatic posting as progress is made on the course. As a spectator, the times of the participant you are tracking can be posted to your Facebook or Twitter

feed automatically allowing friends and family to share in the excitement! If you are a participant, claim your profile and enable Facebook or Twitter notifications.

Your stats will post live as you pass each checkpoint.

Live Map Tracking: Participant locations will be plotted

on the Interactive Course Map as progress is made on course. The position of each participant is estimated based on the most recent timing received from the bib read. NOTE: Participants do not need to carry their phones for this feature to work.

Mobile App: Features include Live Participant Tracking, Push Notifications, Leaderboards, Map Tracking, Event Messages, Event Info and more!





CRUSHING IRONMAN WITH ROLLING SWIM START

Due to overwhelming support for the IRONMAN Rolling Swim Start, IRONMAN 70.3 DUBAI will utilize a rolling start format for the 2022 race. This swim format has been successful at many IRONMAN events across the globe and it will further enhance the athlete's experience.

WHAT EXACTLY IS A ROLLING SWIM START?

Athletes will line up according to their realistic, predicted swim time (self-seeding) and every five seconds, we will send out ten athletes. It will take approximately 20 minutes to get the entire field across the swim start line. In effect, this will create a "time trial" dynamic for the race and for the determination of the final results.

DO MODERATE SWIMMERS HAVE ANY ADVANTAGE BY STARTING IN THE FRONT PART OF THE FIELD?

No, it is quite the contrary. If a moderate swimmer starts in the front part of the field, she/he will be passed by hundreds of fast swimmers which poses a needless risk for all involved parties. The cutoffs stay the same (1h 10m swim, 5:30 swim/bike, 8hr 30m swim/bike/ run) and all athletes with a finishing time of more than 8 hours 30m do not appear in the results list.

WHY CHANGE TO A ROLLING START?

- It is part of the IRONMAN Global Swim Smart initiative aimed at increasing safety and reducing anxiety in the swim.
- It allows athletes to swim at their own ability and improves the overall swim experience.
- It leads to faster swim times.
- It defuses the drafting problem on the bike course.

PLEASE BE HONEST WITH YOURSELF AND LINE UP ACCORDING TO YOUR REALISTIC EXPECTED SWIM TIME!

TIPS FOR A SMART ROLLING SWIMSTART

PREPARE FOR RACE CONDITIONS
Race day should not be your first open water swim. Make sure some of your training replicates real race conditions.

RACE IN SHORTER EVENTS

If possible, race in shorter events and clinics to prepare yourself for open water conditions.

LEARN ABOUT COURSE DETAILS

Thoroughly review the race website and prerace communication to familiarize yourself with the course.

ENSURE HEART HEALTH

As an athlete in training, you should take the proper steps to assess your health with your physician.

DON'T USE NEW GEAR ON RACE DAY

You should never race in equipment you haven't trained in – this is not the time to test new gear.

WARM UP ON RACE DAY

Arrive early enough on race day for a proper warm-up prior to the start, preferably in the water.

START EASY – RELAX AND REATHE

Don't race at maximum effort from the start.

Relax and focus on proper breathing techniques.





KEEP CALM AND BE READY

RACE DAY GUIDE

You have trained hard and its time to begin the race. To answer all your questions on what, where, when and how, here is a checklist for you to make sure you've got everything you need. Be prepared with the following ultimate guide for a smooth and disaster free race day:



REGISTRATION

JUMEIRAH PUBLIC BEACH

Wednesday 09:00 – 06:00

Thursday 09:00 – 06:00



TIMING

Timing chip to be collected at the bike check-in. This chip must be worn on your left ankle during the entire race. Timing results will show times for your swim, bike, run, finish, and transition splits.



RACE BRIEFING

JUMEIRAH BEACH HOTEL

WEDNESDAY

VIP & PRO 05:00pm

Race Briefing 08:00pm - 09:00pm



RACE PACKS

The contents of your race pack will include:

- Race number
- Helmet sticker
- Bag stickers
- ID Wristband
- Bike sticker
- Number tattoos
- Swim cap
- Transition bags

JUMEIRAH PUBLIC BEACH



Label these bags only with the numbered stickers you are provided. You will not have access to your blue or red bag prior to the race start on Friday, so you must ensure that all the items you need are in the bags on Thursday.

RACE BAGS



Blue Bike Bag

Should contain the kit you need for the bike discipline, including your helmet and race number on a number belt. After you have used, the blue bike bag for your swim-to-bike transition, use this bag to pack your swim gear in. This bag is racked in T1.



Red Run Bag

Should contain the kit you need for the run discipline. After you have used your red run bag for your bike-to-run transition, use this bag to pack your bike gear in, including your helmet. Drop this bag on T1 on Thursday.



White Gear Bag

This is your after race bag, it is for you to put any additional clothing you wear before the race, and anything you may require after the race. Leave this bag on T1 and it will be at the registration area for you to collect when you finish.

IMPORTANT NOTE:

Please don't put your valuables in your bag. IRONMAN will not be responsible for its contents.

**Note: it is mandatory to attend this briefing.*



QUEST FOR 1 MILLION
STARTS NOW
IRONMAN 70.3 DUBAI 2022



The Nasser Bin Hamad Triple Crown offers prize money to the winner of all three races in each gender category.

IRONMAN 70.3 DUBAI

IRONMAN 70.3 WORLD CHAMPIONSHIP

IRONMAN 70.3 MIDDLE EAST CHAMPIONSHIP BAHRAIN

www.nbhtriplecrown.bh



SWIM COURSE

IRONMAN 70.3 DUBAI





SWIM COURSE

One Lap Course, Jumeirah Public Beach Hosts the start and the swim of IORNMAN 70.3 Dubai 2022. A one lap of 1.9 km will begin and finish at the Jumeirah public beach.

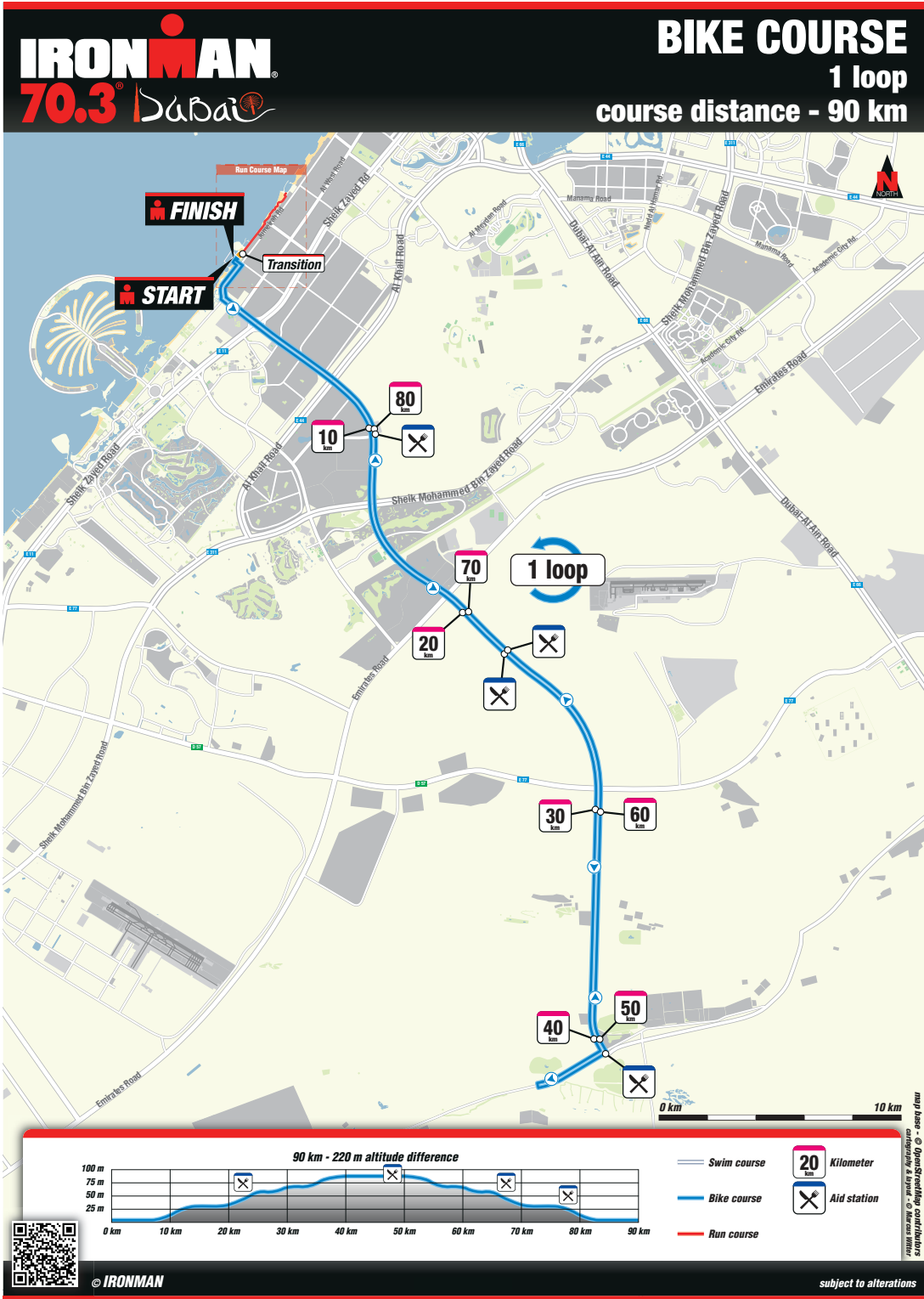




BIKE COURSE

IRONMAN 70.3 DUBAI





One Lap Course, Exiting transition 1 from Jumeirah Public Beach, Dubai, participants will cycle through an extremely interesting bike course. Riding from Jumeirah Public Beach, landmark in DUBAI through the city, participants will pass vital landmarks such as DUBAI World Trade Center, DUBAI Financial Harbor, Dilmun Burial Mounds, National Charter Monument and DUBAI International Circuit and then back to Jumeirah Public Beach, Dubai.





RUN COURSE

IRONMAN 70.3 DUBAI





IRONMAN 70.3 DUBAI

RUN COURSE 1.5 loops course distance - 21.1 km



The one and a half-loop 21.1 km (13.1 mile) run course starts at transition at Jumeirah Public Beach and leads athletes along the coastline. Spectators are never more than an arm's length away so be ready to push hard until the finish line!

Race Week Tactics

Racing is a test of training, and tests make us nervous. Test results are polarising; you pass or fail; you win or lose. That's a lot of pressure.

Take the time to remember the preparation that has gone into your race. Remember good sessions, remember painful sessions. Understand that if you have done all you can in the allocated time, you can be happy with the outcome of that work.

If you are a little 'undercooked' and haven't been wholly focused on training, that too is understandable. Do not force training in the last days before competition; you will only enter the race fatigued and unfit, which is infinitely worse than just unfit. Use your relative freshness to your advantage. It is far better to be slightly undertrained than any bit overtrained.

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Remember these three top tips for enjoying race day:

1. Experience people. Watch other people's faces, their joy, their pain, their effort and acknowledge their achievement. The difference in peoples' goals, in their shapes and their abilities is what makes this sport come alive.
2. Keep perspective. Triathlon is a sport and sport is marvellous because it mirrors life. Like life, it is the process rather than the result that matters in the end.
3. Sometimes people endure pain because they have no other choice. The grieving; the ill; the injured; the victims. Racers endure pain too, but in racing it is our choice and it is not infinite. Appreciate the freedom to experience pain, as we want. Millions would give anything for that privilege.





Training Tips from Alistair Brownlee

As age groupers who keenly follow the sport's elite athletes we sometimes think that if we trained like them we could become as good as them. But individual talent and genetics, amount of time available to recover, years of consistent training, and access to expertise are a few of the things that differentiate the cream of the crop from the rest of us.

But there are still enough common aspects between their training and ours that we can learn from -- and while we may not be able to access the bleeding-edge technology they have when it comes to equipment and nutrition, we see the importance of dialing these in for ourselves as well.

Here are some training tips from dual Olympic gold medalist Alistair Brownlee.

Consistency is the Foundation for Fitness

"My tip for triathlon is: number one, train consistently over a long period of time. That's how you get fit, stronger and prepare well. For race day make sure you know exactly what you're doing and you're not trying anything for the first time on the big day."

What His Training Looks Like

"When I was competing at Olympic distance racing I would run anywhere between 80 and up to 120 kilometers in a week.

"A normal week for me is probably somewhere in the region of 30 hours of training: six bike rides a week, six runs a week, and five swims every day, slightly different. A couple of gym sessions, some physio and massage as well."

How He Recovers and Looks After His Body

"Being tired and training hard is part of being an endurance athlete. If I feel like I'm over training, I think I've already

gone too far. So I have a few easy days, make sure I sleep really well and eat really well to recover.

"As I've gotten older I've had to adapt my training to train less, to try and train more effectively and efficiently to get the most out of every session and look after my body more.

"I normally have one physiotherapy session a week and one massage a week. Strength and conditioning makes up a big part of my program now... I do mostly rehab stuff, looking after my calves, lower legs, hamstrings, hips. Plenty of flexibility and strength [work] as well."

Moving Up to Ironman

"The transition from Olympic distance to ironman is a big jump. You're going from a less than a two-hour race to an eight-hour race. There's a lot of things to get right, mostly pacing and nutrition. I got those spectacularly wrong in one of my first ironmans.

"My bike tips for middle distance racing are: plenty of time on the bike, train to be really good at constant power rather than spiking it to be really efficient; and nutrition, nutrition, nutrition."





What Drives Champions to Win Can Drive You to the Finish

What gets you up at five in the morning to go for a swim, a ride, or a run most days of the week? For many athletes it's the thought of getting fit enough to finish and do well in your age group, as well as the camaraderie you build with friends in the sport.

Champions like Daniela Ryf and Jan Frodeno remind us about another source of motivation. They feel compelled to discover what they are ultimately capable of in body and mind.

"My goal was always to be fast and to do it well... You train hard three times a day, get fit to the race and then show what you prepared," says Ryf. "This started when I was really young, where I trained with older athletes. I just measured myself with them and I wanted to get there, so I just loved that process."

Frodeno muses, "Most people push to do sport; they push themselves out the door, they push themselves to get off the couch. But I'm pulled in by sport. It makes me feel alive... I'm at a point in my career where I do it for the challenge, I do it for the nerves before the race and the absolute deep places you go to during the race."

When the distance faced grows longer or the intensity of the racing is higher, you soon learn it's not so much about physical fitness as it is mental toughness that is needed to get to the finish line. And when you hurdle the challenge, you feel a sense of accomplishment that is quite addictive.

Doubt and self-motivation are dueling forces within, according to Ryf. "It's very important as an athlete to have an inner motivation; you always have the two voices in your head you can't really switch off. The doubts they can be there, but it's how you manage them. 'I don't know if I can make it to the finish' or 'I don't know if I can keep going that hard, I'm too exhausted'... It's then how you manage these thoughts, and the best way is to think positive.

"It's very interesting how you can overcome your brain. If you're alone out there in the corner on the bike [trainer] and you feel tired, it's very easy to just go a bit slower. That's where the difference happens if you can keep yourself concentrated and your mind intact and in good spirits."

Frodeno notes that a focus on winning can be punishing.

"You're focused on seeing if you are capable of doing what you think you're doing and getting the most out of yourself. There's a point where you are with yourself and you make a decision, and that decision is whether you pursue and extend yourself a little bit more or whether to back off, which equals giving up... Like, even in training, if I back off, I'm pretty hard on myself."

He encourages instead a focus on process. "I really have come to appreciate the process of getting there and the process of getting better. And I think once you enjoy that, excellence is the result."

The same drive that brings champions first across the tape is the same drive that can bring you across the finish line.





PARTICIPANT LIST

START TIME 7:00

BIB	Surname	First Name	Group
PRO ATHLETES			
1	Bækkegård	Daniel	MPRO
2	Azevedo	Filipe	MPRO
3	Blummenfelt	Kristian	MPRO
4	Aernouts	Bart	MPRO
5	Van Berkel	Jan	MPRO
6	Plese	David	MPRO
7	Salvisberg	Andrea	MPRO
8	Lejeune	Emmanuel	MPRO
9	Costes	Antony	MPRO
10	Ruttman	Paul	MPRO
12	Heemeryck	Pieter	MPRO
14	Guyon	Franck	MPRO
15	Watson	Eric	MPRO
16	Ka-laszczynski	Lukasz	MPRO
17	Van Vlerken	Per	MPRO
18	Permitin	Vasily	MPRO
19	De Wilde	Michiel	MPRO
20	Elosegui	Eneko	MPRO
21	Canhedo	Vinicius	MPRO
22	Wies	Sven	MPRO
23	Meeus	Siebe	MPRO
24	Le Corre	Pierre	MPRO
25	Doree	Guillaume	MPRO
26	Kalashnikov	Ivan	MPRO
27	Christian	Ryan	MPRO
28	Van Riel	Marten	MPRO
29	Dels	Christopher	MPRO
61	Ryf	Daniela	FPRO
62	Philipp	Laura	FPRO
63	Fanoy	Leanne	FPRO

BIB	Surname	First Name	Group
64	Lehrieder	Carolyn	FPRO
65	Bailly	Alexia	FPRO
66	Seidel	Kirralee	FPRO
67	Illeditsch	Elena	FPRO
68	Byram	Lucy	FPRO
69	De Nicola	Federica	FPRO
70	Sanjana	Frankie	FPRO
71	Lucas	Lottie	FPRO
72	Bleymehl	Daniela	FPRO
73	Elfers	Margrit	FPRO

START TIME 7:10

BIB	Surname	First Name	Group
INDIVIDUAL			
101	Mordasov	Oleksandr	M35-39
102	Chebarbi	Laila	F50-54
103	Nurlybekov	Yernur	M25-29
104	Farhadzade	Farid	M35-39
105	Fischman	Ido	M35-39
106	Kastritskiy	Svyatoslav	M50-54
107	Aleinikov	Vitalii	M50-54
108	Herbig	Oliver	M50-54
109	Hayon	Roey	M40-44
126	Minkin	Sergey	M35-39
127	Billimoria	Huafrid	M25-29
128	Canabe	Jenny Lou	F30-34
129	King	Sophie	F30-34
130	Kochetkova	Kristina	F25-29
131	Kroniger	Melanie	F50-54
132	Mamleeva	Elmira	F40-44

BIB	Surname	First Name	Group
133	Pyszka-Bazan	Alicja	F25-29
134	Falkiewicz	Maja	F18-24
135	Halawa	Yasmin	F35-39
136	Prouty	Nada	F50-54
137	Strolz	Philipp	M45-49
138	Moskvin	Pavel	M35-39
139	Farren	Richard	M30-34
140	Soetens	Tim	M45-49
141	Edwards	Andy	M45-49
142	Kuzmin	Alexander	M35-39
143	Doyle	Michael	M65-69
144	Bonavia	Josef	M40-44
145	Janvier	David	M50-54
146	Rudnik	Tomasz	M40-44
147	Lääts	Märt	M60-64
148	Bruggmann	Fabrice	M45-49
149	Kosov	Ilya	M35-39
150	Savelyev	Andrey	M45-49
151	Brook	Giles	M45-49
152	Panasenko	Nikita	M30-34
153	Sebban	Youssef	M30-34
154	Mancebo Alvarez	Angel	M60-64
155	Shestov	Artem	M30-34
156	Osmond	Glen	M50-54
157	Zhanabekov	Daniyar	M35-39
158	Veselov	Igor	M50-54
159	Telli	Guido	M50-54
160	Goutkin	Boris	M40-44



RUN THAT EXTRA MILE WITH A SMILE.



RED BULL GIVES YOU WIIINGS.



PARTICIPANT LIST



BIB	Surname	First Name	Group
161	Kaspirow-itsch	Walter	M45-49
162	Dhiman	Pankkaj	M35-39
163	Van Den Bergh	Olaf	M25-29
164	Yiafas	Andreas	M35-39
165	Hummel	Mark	M50-54
166	Schnitzler	Michael	M40-44
167	Iraky	Ahmed	M45-49
168	Sandberg	David	M35-39
169	Dorrill	Jeff	M60-64
170	Alhammadi	Sari	M35-39
171	Almarzooqi	Nayef Hasan	M40-44
172	Cormier	Renaud	M50-54
173	Hughes	Hilary	F35-39
174	Pickering	Lois	F30-34
175	Bishop	Georgina	F30-34
176	Rodriguez	Daniela	F30-34
177	Middleton	Aimee	F35-39
178	Korzunina	Sofia	F30-34
179	Nettleton	Elaine	F60-64
180	Cser	Beatrix	F45-49
181	Briziarelli	Barbara	F45-49
182	Zandotti	Sandrine	F50-54
183	Cookson	Sophie	F30-34
184	Marovic	Mirna	F50-54
185	Polevaya	Yulia	F35-39
186	Ain El Fitre	Nina	F30-34
187	Almarzouki	Mohammed	M30-34
188	Kesselbacher	Albin	M40-44
189	Erzhanov	Ruslan	M40-44
190	Georgiades	Panos	M30-34
191	Margaryan	Samvel	M40-44
192	Matejicek	Yannick	M30-34

BIB	Surname	First Name	Group
193	De Oliveira Caldas	Joao Carlos	M35-39
194	Grün	Christoph	M40-44
195	Debney	Rob	M45-49
196	Panchenko	Anastas	M30-34
197	Zinnurov	Bulat	M45-49
198	Radkar	Kaustubh	M40-44
199	De Vet	Wouter	M30-34
200	Alhosani	Abdulrahman	M35-39
201	Mechler	Harald	M55-59
202	Anderson	Stephen	M45-49
203	Liubimov	Ivan	M35-39
204	Cavalet	Andrea	M40-44
205	Goncalves	Guilherme	M35-39
206	Gavrilov	Aleksandr	M45-49
207	Andriyanov	Andrey	M50-54
208	Zhumagaliyev	Talgat	M55-59
209	Grablev	Ivan	M45-49
210	Bondarenko	Alexey	M50-54
211	Sosnowski	Jarosław	M40-44
212	Zhukov	Ivan	M40-44
213	Stirm	Christian	M40-44
214	Ramadan	Karim	M35-39
215	Timichev	Nikolai	M40-44
216	Gomez	Ivan	M55-59
217	Mishin	Aleksandr	M40-44
218	Summers	Jonty	M50-54
219	Sitnikov	Artem	M40-44
220	Riabushkin	Vladimir	M50-54
221	Azaryev	Yevgeniy	M25-29
222	De Rybel	Ruud	M30-34
223	Sardina	Amir	M30-34

BIB	Surname	First Name	Group
224	Walotka	Filip	M40-44
225	Godart	Olivier	M45-49
226	Ponomarev	Leonid	M40-44
227	Mikhailov	Vladimir	M55-59
228	Dufour	Pascal	M50-54
229	Allqeti	Abdulla	M35-39
230	Isakov	Alexander	M30-34
231	Galimov	Rustem	M40-44
232	Elfassi	David	M35-39
233	Loic	Devolder	M40-44
234	Nesterov	Ilya	M40-44
235	Lisnevskiy	Sergey	M45-49
236	Podziewski	Arkadiusz	M50-54
237	Bletterie	Julien	M30-34
238	Vondenhoff	Erwin	M55-59
239	Ellaithy	Islam	M45-49
240	Mccarthy	Niall	M25-29
241	Kunz	Korbinian	M45-49
242	Mekhonoshin	Artur	M30-34
243	Sarantis	Pantelis	M45-49
244	Saporiti	Raffaele	M60-64
245	Grosser	Hendrik	M40-44
246	Foukis	Konstantinos	M45-49
247	Ivanov	Vasiliiy	M30-34
248	Drugin	Nikolai	M40-44
249	Artyushenko	Pavel	M40-44
250	Sokolov	Andrey	M55-59
251	Aripov	Rinat	M35-39
252	Cochard	Pascal	M55-59
253	Uchenov	Alexey	M35-39
254	Denk	Michael	M45-49
255	Makarskiy	Yury	M45-49



PARTICIPANT LIST



BIB	Surname	First Name	Group
256	Callen	Jose Ramon	M50-54
257	Grzesik	Jędrzej	M40-44
258	Popov	Artem	M35-39
259	Valery	Dubchenko	M35-39
260	Segard	Eymeric	M50-54
261	Tucci	Fernanda	F30-34
262	Sami	Amira	F45-49
263	Abdou	Sarah	F40-44
264	Aly	Dina	F40-44
265	Groensedt	Heidi	F45-49
266	Annomalia	Anna	F30-34
267	Dittrich	Kimberley	F60-64
268	Berglund	Ulrika	F50-54
269	Salskov Jensen	Cecilie	F18-24
270	Baratta	Irene	F30-34
271	Dahan	Carla	F25-29
272	Lombardi	Elena	F40-44
273	Friend	Laura	F35-39
274	Riabushkina	Tatiana	F50-54
275	Savostianova	Ksenia	F40-44
276	Hermanson	Lisa	F35-39
277	Blauth	Maria	F35-39
278	Simpson	Remi	F25-29
279	Kiryshva	Irina	F35-39
280	Grzesik	Marta	F40-44
281	Belcher	Jess	F25-29
282	Samoilov	Semyon	M18-24
283	Popadic	Radovan	M40-44
284	Vigariu	Mihai	M35-39
285	Weeks	Chris	M30-34
286	Anderbayev	Daulet	M35-39
287	Bleekemolen	Sebastiaan	M40-44

BIB	Surname	First Name	Group
288	Mikołajewski	Artur	M35-39
289	Barouki	Vincent	M40-44
290	Hellyer	George	M30-34
291	Shilliday	Jason	M40-44
292	Flewellen	Scott	M45-49
293	Cutulle'	Vincenzo	M45-49
294	Noël	Benoît	M40-44
295	Al-Sulaiman	Mishaal	M45-49
296	Osama	Mahmoud	M25-29
297	Büttner	Matthias	M45-49
298	Wanderer	Franz	M60-64
299	Bechet	Yan	M45-49
300	Jelmoni	Kim	M45-49
301	Lukyanenko	Mikhail	M30-34
302	Funel	Jacques	M40-44
303	Evans	Lee	M40-44
304	Ohanlon	Robert	M55-59
305	Dincsalman	Ozgur	M40-44
306	Tiurin	Andrei	M35-39
307	Groensedt	Lars	M55-59
308	Seiam	Mahmoud	M40-44
309	Baryshev	Alexey	M35-39
310	Titkov	Evgeny	M50-54
311	Gorik	Pavel	M35-39
312	Wikdahl	Claes	M45-49
313	Azarin	Georgy	M40-44
314	Dudonis	Marius	M30-34
315	Salkinov	Alexey	M30-34
316	George	Jappie	M50-54
317	Zhakypbek	Yerzhan	M45-49
318	Ziu	Roland	M50-54
319	Kernbichl	Markus	M50-54
320	Fitzgerald	Richard	M35-39

BIB	Surname	First Name	Group
321	Di Tommaso	Daniele	M45-49
322	Cresp	Fabien	M35-39
323	Saint-Pierre	Bruno	M40-44
324	Kabyshev	Kairat	M40-44
325	Shynazbekov	Artur	M30-34
326	Shipkov	Vladimir	M45-49
327	Minkin	Igor	M40-44
328	Kersten	Michael	M55-59
329	Silveira	Jonas	M40-44
330	Khan	Yas	M45-49
331	Mc Lauchlan	Nicholas	M30-34
332	Irgaliyev	Ilyas	M40-44
334	Penabella	Santiago	M45-49
335	Savostianov	Aleksandr	M40-44
336	Przybylski	Tomasz	M45-49
337	Cimbals	Deniss	M45-49
338	Litwiniuk	Wojciech	M40-44
339	Sutton	Danny	M35-39
340	Dani-shhevskii	Viktor	M35-39
341	Goeyvaerts	Rudi	M60-64
342	Andrzejczuk	Dominik	M30-34
343	Scalia	Maurizio	M55-59
344	Tevikov	Vladislav	M45-49
345	Allan	Steven	M45-49
346	Abbiati	Fabio	M55-59
347	Beaurain	Paul	M40-44
348	Bouali	Hicham	M35-39
349	Moran	Mark	M35-39
350	Nasr	Bachir	M45-49
351	Pritasil	Tomas	M50-54
352	Gamal El Deen	Alia	F25-29



PARTICIPANT LIST



BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
353	Abdallah	Rawiah	F35-39	385	Hurter	Maria	F45-49	416	Jamjoom	Jude	F25-29
354	Bugmann	Sabrina	F18-24	386	Bondarchuk	Iuliia	F25-29	417	Biava	Geraldine	F35-39
355	Timson	Melina	F40-44	387	Veglio	Alice	F25-29	418	Nagib	Najla	F50-54
356	Elkafrawy	Farida	F30-34	388	Dallimore	Rebecca	F35-39	419	Wiedemeyer	Nataliya	F40-44
357	Al-Salem	Fatma	F35-39	389	Dawson	Emma	F45-49	420	Merikanto-Timonen	Susanna	F50-54
358	Vermani	Kirti	F40-44	390	Neill	Zoe	F45-49	421	Vermoesen	Flore	F30-34
359	Messenger	Alexandra	F40-44	391	Ramalingam	Vinolee	F35-39	422	Bassibekova	Sholpan	F35-39
360	Verstegen	Jessica	F40-44	392	Shabana	Salma	F45-49	423	Savage	Paula	F55-59
361	Hodgson	Angharad	F30-34	393	Vinogradova	Elena	F25-29	424	Salinger Lloyd	Megan	F45-49
362	Brown	Gemma	F35-39	394	Pajamaki	Maija	F35-39	425	Lad	Tanvi	F25-29
363	Belousova	Julia	F35-39	395	Fourie	Kaleo	F40-44	426	Smagulova	Zhanna	F30-34
364	Andersson	Mia	F40-44	396	Restuccia	Veronica	F35-39	427	Zhukova	Anastasia	F40-44
365	Talaat	Yousra	F30-34	397	Karpova	Ekaterina	F25-29	428	Curry	Lauren	F30-34
366	Taljaard	Anja	F25-29	398	Dean	Hannah	F35-39	429	Lienshoeft	Lea	F30-34
367	Elshafei	Maram	F18-24	399	Seidel	Josie	F30-34	430	Forsythe	Elaine	F60-64
368	Hassan	Salma	F35-39	400	Mansour	Amani	F40-44	431	Calapardo	Trina Paula	F35-39
369	Kammer-Wilke	Katrin	F45-49	401	Wormald	Aifric	F50-54	432	Coyne	Edel	F30-34
370	Ciftci	Natalia	F40-44	402	Golovchanskaia	Nina	F35-39	433	Ross	Stephanie	F30-34
371	Kludak	Adrienn	F45-49	403	De Lanerolle	Fiona	F45-49	434	Leandro	Simone	F40-44
372	Gomez Aya	Katherine Michelle	F30-34	404	Trombetta	Stefanie	F40-44	435	Healey	Caina	F35-39
373	Bedraoui Idrissi	Salma	F35-39	405	Barets	Sylvie	F50-54	436	Forlino	Annamaria	F30-34
374	Bibi Osman	Ayesha	F35-39	406	Welsh	Lisa	F40-44	437	Clegg	Jillian	F40-44
375	Maheshwari	Rani	F40-44	407	Shaimerdenova	Dina	F40-44	438	El Masri	Marwa	F30-34
376	Enghouse	Adrienne	F55-59	408	Bijl	Joyce	F40-44	439	Stralkowski	Jess	F35-39
377	Maher	Doha	F30-34	409	Pałysa	Joanna	F40-44	440	Oosthuizen	Inalize	F40-44
378	Blanchard	Lucy Jayne	F35-39	410	Столбцова	Ольга	F50-54	441	Saidi	Deema	F30-34
379	Morales	Madelyn	F40-44	411	Meyer	Flavia	F40-44	442	Shankar	Nirupa	F40-44
380	Leclerc	Marie-Claude	F50-54	412	Wehleit - Perera	Ina	F40-44	443	Iliushina	Ekaterina	F30-34
381	Hamm	Zoé	F18-24	413	Megevand	Elisabeth	F45-49	444	Alherais	Tammy	F45-49
382	Chunareva	Daria	F30-34	414	Baky	Amy	F40-44	445	Dominguez	Sole	F35-39
383	Wije	Mel	F35-39	415	Plank	Sarah	F45-49	446	Kourie	Kelly	F35-39
384	Patil	Nupuur	F30-34					447	Roque	Cleo Marie	F40-44



PARTICIPANT LIST



BIB	Surname	First Name	Group
449	Teploukhova	Elena	F45-49
450	Van Den Berg	Linda	F45-49
451	Schroeter	Jana	F45-49
452	Rahima	May	F40-44
453	Kapp	Amorie Josanne	F25-29
454	Srinivas	Pooja	F45-49
455	Brown	Lisa	F45-49
456	Farag	Arij	F25-29
457	Mclaughlin	Ruth	F40-44
458	Nagy	Ola	F30-34
459	Osmond	Hayley	F40-44
460	Venter	Idette	F45-49
461	Alzayani	Asma Yusuf Abdulla	F30-34
462	Wasfi	Nadine	F35-39
463	Genze	Erik	F30-34
464	Beganovic	Medina	F25-29
465	Brodie	Gaye	F55-59
466	Nader	Lindzi	F25-29
467	Theron	Gemma	F50-54
468	Blair	Lyndsey	F40-44
469	Aljanahi	Asma	F30-34
470	Tayou	Ann	F35-39
471	Gervais	Gabi	F35-39
472	Almoayyed	Mariam	F25-29
473	Mancini	Pamela	F45-49
474	Alireza	Nirmeen	F55-59
475	Andreeva	Rufina	F35-39
476	Alkhalisi	Zahraa	F35-39
477	Raynor	Renette	F50-54
478	Conway	Elizabeth	F25-29
479	Strange	Monique	F50-54
480	Marzinek	Anja	F50-54

BIB	Surname	First Name	Group
481	Marion	Eleonore	F40-44
482	Lombard	Fiona	F25-29
483	Innes	Cj	F30-34
484	Harrop	Fiona	F50-54
485	Macedo	Virginia	F40-44
486	Papapdopoulou	Efstratia	F30-34
487	Sarkila	Satu-Maaria	F35-39
488	Mcculloch	Clare	F45-49
489	Shaw	Rachel	F45-49
490	Kalf	Tess	F25-29
491	Kauntz	Heinke	F30-34
492	Backer	Reema	F35-39
493	Gianni	Aggeliki	F40-44
494	Al Alawi	Rana Abdulghaffar	F30-34
495	Santos	Ana	F35-39
496	Daguman	Sugar Mae	F35-39
497	Raudrant	Juliette	F30-34
498	El Mougy	Dina	F35-39
499	Fustos	Dominika	F40-44
500	Cheema	Meera	F45-49
501	Berndt	Celeste	F35-39
502	Streltzova	Marina	F30-34
503	Gilbody	Claire	F40-44
504	Kenny	Rogeema	F40-44
505	Patel	Kundan	F35-39
506	Zerouali	Jihane	F35-39
507	Yaqoub	Masooma	F45-49
508	Belan	Marina	F45-49
509	Samuel	Ashley	F25-29
510	George	Sylvia	F50-54
511	Raygade	Sujata	F45-49
512	Ali Hassan	Farah	F25-29

BIB	Surname	First Name	Group
513	Abouzeid	Noha	F30-34
514	Luqman	Nuha	F40-44
515	Duff	Sara	F45-49
516	Henshaw	Claire	F35-39
517	Jugal	Anupama	F35-39
518	Sinclair	Rachel	F35-39
519	Baksh	Aisha Nasser	F18-24
520	Carnevale	Lara	F40-44
521	Koedooder	Nele	F30-34
522	Simborio	Mito	F40-44
523	Aliyeva	Konul	F45-49
524	Diffey	Joanne	F50-54
525	Tavares	Skye	F45-49
526	De Bruyn	Molly	F50-54
527	Li	Jinmei	F45-49
528	Kotb	Rhonda	F45-49
529	Yesterekova	Aida	F35-39
530	Aboufaiida	Zineb	F40-44
531	Filali	Salwa	F50-54
532	Rakai	Marjaana	F40-44
533	Glynn	Gillian	F30-34
534	Suleymanova	Adila	F30-34
535	Mccabe	Clare	F50-54
536	Ghidini	Mariasole	F35-39
537	Sanchez Robles	Gabriela	F35-39
538	Amtkjaer	Katrine	F40-44
539	Tellier	Lara	F40-44
540	Dere	Krutuja	F35-39
541	Talmacsi	Andrea	F35-39
542	Anisimova	Inna	F40-44
543	Strong	Suzanne	F45-49
544	Kajee	Aadila	F18-24



PARTICIPANT LIST



BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
545	Al Kayyali	Dina	F30-34	578	Marsala	Concetta	F45-49	610	Matyba- yeva	Gulnar	F35-39
546	Almasood	Leen	F25-29	579	Se- menovska- ya	Eleonora	F50-54	611	Visser	Su-Mari	F35-39
547	Lazrak	Fatima Zahra	F35-39	580	Belkhat Zougari	Ghita	F45-49	612	Serova	Irina	F40-44
548	Schmid	Le Nguyet	F45-49	581	Litwiniuk	Edyta	F35-39	613	Toutoungi	Hayat	F40-44
549	Chojnacka	Malgorzata	F50-54	582	Hasnaoui	Nadia	F55-59	614	Cigana	Jennifer	F35-39
550	Outabia	Sarah	F30-34	583	Magnusson	Jenny	F40-44	615	Sadovniko- va	Victoria	F35-39
551	Scarfone	Patrizia	F45-49	584	Clayton	Kathrine	F35-39	616	Alves	Thalyta	F35-39
552	Brennik- meijer	Fiona	F55-59	585	O Flanagan	Sarah	F35-39	617	Gross	Nicola	F45-49
553	Al Hashimi	Tala	F35-39	586	Marciniak	Martyna	F35-39	618	Hibino	Eiko	F35-39
554	Skalli Hou- saini	Nouria	F60-64	587	Yaslik	Liz	F30-34	619	Lesnikova	Mariia	F35-39
556	Hamed	Luma	F25-29	588	Brovedani	Anne	F40-44	620	Wood	Lucy	F30-34
557	Llewellyn	Marie	F35-39	589	Belousova	Anastasiia	F35-39	621	Plotnikova	Anastasiya	F45-49
558	Bordyug	Maria	F30-34	590	Numan	Yesim	F50-54	622	Ratush	Stanislava	F25-29
559	Lamia	Sabira	F40-44	591	Dajani	Haneen	F35-39	623	Lewis	Natika	F40-44
560	Kovaleva	Pavlina	F35-39	592	Zverkova	Varvara	F30-34	624	Mitic	Milena	F40-44
561	Barker	Emily	F40-44	593	Sumrow	Katherine	F35-39	625	Abla	Susan	F40-44
562	Anifantakis	Mariya	F45-49	594	Brown	Laura	F30-34	626	Zhuk-Dab- bas	Natallia	F35-39
563	Richardson	Lucy	F40-44	595	Bhatia	Karishma	F30-34	627	Mouniau	Coralie	F30-34
564	Almaad- heed	Alanoud	F18-24	596	Murphy	Hollie	F35-39	628	Allan	Allison	F50-54
565	Kurmanova	Lazat	F50-54	597	Sharipova	Nargiza	F40-44	629	Becelic	Ivana	F40-44
566	Moore	Jennifer	F35-39	598	Nurgali	Aigerim	F18-24	630	Halaby	Dania	F30-34
567	Caines	Amanda	F45-49	599	Humphreys	Crystal	F35-39	631	El Sharkawi	Hager	F35-39
568	Cucerea- nu-Badica	Ioana	F50-54	600	Iryna	Vasilevska- ya	F40-44	632	Fairley	Nanette	F55-59
569	Schmid	Laura	F30-34	601	Barate	Abhidnyaa	F25-29	633	Dana	Nurma- ganova	F35-39
570	Kienberger	Patty	F25-29	602	Abdallah	Azza	F35-39	634	Leysen	Liesbeth	F50-54
571	Hallit	Najla	F35-39	603	Hegarty	Samantha	F35-39	635	Semenova	Olga	F35-39
572	Moura	Corine	F45-49	604	Brink	Elke	F25-29	636	Aleksandra	Anchina	F18-24
573	Taigen	Ruslana	F40-44	605	Omari	Amale	F30-34	637	Nicolai	Julia	F35-39
574	Burkonova	Ivana	F40-44	606	Omassi	Diana	F35-39	638	Barclay	Beth	F25-29
575	Elkomy	Elham	F45-49	607	Кизарева	Кристина	F30-34	639	Jones	Holly Mei	F25-29
576	Onaran	Ipek	F35-39	608	Sbeitan	Kifah	F40-44	640	Wille	Marina	F35-39
577	Deniel	Sabrina	F45-49	609	Alnabulsi	Hana	F25-29	641	Mackenzie	David	M50-54



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BIB	Surname	First Name	Group
642	Walton	Ben	M40-44
643	Rizk	Ronald	M40-44
644	Jenkins	Darran	M40-44
645	Hunter	Ben	M35-39
646	Essam	Mohamed	M30-34
647	Agrawal	Manish	M40-44
648	Päivinen	Ville	M35-39
649	Nordman	Pererik	M35-39
650	Samra	Sangram Singh	M25-29
651	Feres	Raphael	M40-44
652	Abdel Ghafar	Adel	M40-44
653	Rubakhin	Pavel	M25-29
654	Nikolaev	Vladimir	M45-49
655	Bashkeel	Mohammed	M35-39
656	Hääl	Indrek	M40-44
657	Thakurdesai	Aalok	M30-34
658	Nassar	Sherif	M35-39
659	El Ashi	Ahmed	M40-44
660	Nagel	Robert	M30-34
661	Pedersen	Kasper	M25-29
662	Elmeshmeshy	Ali	M35-39
663	Zhuchev	Dmitry	M35-39
664	Abdel Shahid	Robert	M35-39
665	Rawas	Mohamad	M30-34
667	Pereira	Luis	M40-44
668	Michnevicius	Tomas	M25-29
669	El Nahass	Ahmed	M40-44
670	Smith	Toby	M30-34
671	Alnaber	Rashed	M35-39
672	Mukherjee	Arnav	M40-44
673	Larga	Stelian	M45-49

BIB	Surname	First Name	Group
674	Asly	Oscar	M30-34
675	Harvey	Stuart	M40-44
676	Ullenbrock	Manfred	M55-59
677	Simpson	Ewan	M35-39
678	Khair	Karim	M35-39
679	Elbassioni	Mohamed	M25-29
680	Aldamuratov	Anuar	M35-39
681	Ancarani	Nicola	M50-54
682	Ellaby	Edward	M40-44
683	Iliev	Kaloyan	M35-39
684	Aguayo	Ian	M30-34
685	Bruns	Benjamin	M35-39
686	Magboul	Ali	M45-49
687	Toson	Yasser	M30-34
688	Rispoli	Alessio	M30-34
689	Romanov	Vasillii	M25-29
690	Savage	Michael	M55-59
691	Kudesia	Raunak	M30-34
692	Gleeson	Joseph	M35-39
693	Samman	Haitham	M40-44
694	Zelenin	Sergey	M35-39
695	Moutaoukil	Mehdi	M35-39
696	Ligenza	Kamil	M30-34
697	Barcelli Fantappie	Ives Esteban	M35-39
698	Al Durrah	Harith	M40-44
699	Schoenaers	Francois	M35-39
700	Haggag	Khaled	M40-44
701	Bartscher	Vincent Felix	M25-29
702	Remisiewicz	Lukasz	M40-44
703	Musaev	Umid	M18-24
704	Golubev	Valentin	M35-39
705	Ryzov	Igor	M45-49
706	Adel	Emad	M40-44

BIB	Surname	First Name	Group
707	Samra	Shahbaz Singh	M30-34
708	Barthorp	Rupert	M45-49
709	Imam	Ali	M30-34
710	Waud	Martin	M40-44
711	Sk	Anup	M25-29
712	Moniz	Nalin	M35-39
713	Gille	Yann-Eric	M45-49
714	Lato	Christian	M50-54
715	Lajoie	Thomas	M30-34
716	Akhunianov	Irek	M35-39
717	Fattouh	Mohamed	M40-44
718	Walker	Daniel	M50-54
719	Elarabi	Anas	M30-34
720	Bahobeshi	Belal	M30-34
721	Iriarte	Fernando	M35-39
722	Ilin	Vladimir	M30-34
723	Van Den Hoogen	Willum	M35-39
724	Sarmiento	Jose Alfeo	M40-44
725	Anwar	Mohamed	M35-39
726	Nachabe	Jad	M30-34
727	Albouze	Alexis	M30-34
728	Assaad	Jamil	M35-39
729	Dahiya	Yashish	M50-54
730	Dudok Van Heel	Bjørn	M40-44
731	Palysa	Marek	M45-49
732	Yassine	Khodor	M30-34
733	Maree	Dustin	M35-39
734	Syrovarov	Danila	M25-29
735	Fleming	Roger	M40-44
736	Maher	Beshoy	M30-34
737	Maryshev	Anton	M30-34
738	Ryabov	Ivan	M30-34
739	Brooke	Richard	M50-54



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BIB	Surname	First Name	Group
740	Laureys	Philip	M30-34
741	Aliouane	Jeremy	M35-39
742	Jablonskis	Mantas	M25-29
743	Karaś	Sebastian	M30-34
744	Waheed	Ayman	M40-44
745	Kienle	Florian	M40-44
746	Hossam	Karim	M35-39
747	Makar	Ivan	M40-44
748	Harutyunyan	Davit	M40-44
749	Viana	Pablo	M30-34
750	Jaberi	Baher	M35-39
751	Gandhi	Sahil	M30-34
752	Keens	Saul	M50-54
753	Gubbi Suresh	Pramod	M30-34
754	Powell	Dale	M35-39
755	Mouaafi	Omar	M30-34
756	Mohamady	Mohamed	M40-44
757	Malorossiantcev	Nikita	M40-44
758	Szulist	Kazimierz	M40-44
759	Koueider	Mohamed	M30-34
760	Bhardwaj	Nishant	M30-34
761	Badashov	Anton	M30-34
762	Loudiyi	Ayoub	M40-44
763	Padekar	Sachin	M45-49
764	Puri	Himanshu	M35-39
765	Fudali	Witold	M35-39
766	Thomas	Danny	M30-34
767	Rozsahegyi	Levente	M45-49
768	Prenel	Sylvain	M50-54
769	Dmitrii	Petukhov	M30-34
770	Zhizhin	Andrei	M35-39
771	Bleuzé	Frederick	M25-29
772	Laaribi	Taha	M30-34

BIB	Surname	First Name	Group
773	Heney	Kenneth	M45-49
774	Campos-eranio	Simone	M40-44
775	Vowles	Jessica	F30-34
776	Kovalenko	Iryna	F30-34
778	Shea	Beth	F25-29
779	Gibbons	Jennifer	F40-44
780	Rhys-Maitland	Paul	M55-59
781	Llaneza	Alfredo	M40-44
782	Grolmund	Benjamin	M35-39
783	Grasselli	Marcello	M55-59
784	Al Daker	Ghaith	M35-39
785	Barry	Lee	M45-49
786	Adel	Tamer	M45-49
787	Alwakil	Amr	M45-49
788	Tchapyguine	Brice	M35-39
789	Berland	Jean-Sebastien	M45-49
790	Hayman	Mohamed	M35-39
791	Nandwani	Vimal	M30-34
792	Virguez	Omar	M35-39
793	Luthiger	Kahn	M40-44
794	Weffer	Ricardo	M40-44
795	Sainsard	Timothee	M35-39
796	Glynn	Matthew	M40-44
797	Bouf	Arnaud	M50-54
798	Selim	Shady	M40-44
799	Parfuss	Florin	M18-24
800	Casey	James	M40-44
801	Alaoui	Ismail	M35-39
802	Vincent	Dominic	M50-54
803	Lecellier	Alban	M30-34
804	Al Sharif	Omar	M45-49
805	Wiedemeyer	Henning	M40-44

BIB	Surname	First Name	Group
806	Bernardo	Nikko	M30-34
807	Woolf	Ryan	M25-29
808	Hayes	Marc	M30-34
809	Moneeb	Amr	M35-39
810	Coates	Paul	M40-44
811	Ebrahim	Muhammed	M18-24
812	Albastaki	Bader	M30-34
813	Moutawakkil	Khalid	M50-54
814	Shamseldin	Khaled	M35-39
815	Khaled	Mohamed	M30-34
816	Bosoni	Franco	M40-44
817	Hesham	Ahmed	M30-34
818	Magdy	Tarek	M30-34
819	Chahine	Namir	M25-29
820	Ali	Husain	M35-39
821	Wadhwa	Uday	M25-29
822	Dagstani	Raj	M50-54
823	Bender	Carsten	M50-54
824	Starr	Greg	M45-49
825	Alvarez	Gustavo	M45-49
826	Church	Nicholas	M40-44
827	Dzhakishev	Ablay	M30-34
828	Treuil	Christophe	M50-54
829	Emslie	Philip	M35-39
830	Pellew	Mark	M45-49
831	Pak	Yevgeniy	M40-44
832	Klassen	Harry	M40-44
833	Poncelet	Alain	M50-54
834	Sándor	Gergő	M40-44
835	El Araybi	Hadi	M25-29
836	Khoder	Ali	M35-39
837	Petryuk	Maksim	M45-49
838	Jumah	Oday	M40-44
839	Fagan	Tim	M60-64



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BIB	Surname	First Name	Group
840	Dulay	Glenn Wesley	M40-44
841	Horter	Brett	M40-44
842	Goodall	Chris	M45-49
843	Nikolaiev	Leonid	M50-54
844	Hunt	David	M55-59
845	Herinckx	Wijnand	M35-39
846	Piskaty	Slavomir	M35-39
847	Hisham	Ali	M30-34
848	Crammond	Graham	M35-39
849	Van De Haar	Dirk	M40-44
850	Rousset	Jeremy	M35-39
851	Mc Girr	Alan	M30-34
852	Ferreira	Andre	M40-44
853	Sokolov	Alexander	M35-39
854	Machkin	Alexandr	M45-49
855	Katoshin	Denis	M45-49
856	De Groot	Jh	M55-59
857	Morozov	Konstantin	M35-39
858	Sheikh	Tariq	M35-39
859	Hülsebusch	Jens	M35-39
860	Sofrata	Mahmoud	M45-49
861	Kaganovich	Yuri	M45-49
862	Gurbaxani	Avinash	M45-49
863	Fourie	Jacques	M45-49
864	Mostyaev	Igor	M30-34
865	Felix	Karim	M40-44
866	Derrick	Thomas	M30-34
867	Kamat	Ketan	M35-39
868	Hamed	Ejaz	M50-54
869	Dowding	Dan	M50-54
870	Diaa	Ahmed	M40-44
871	Tsoi	Denis	M40-44
872	Sinnott	Zach	M60-64

BIB	Surname	First Name	Group
873	Girven	Brett	M40-44
874	Ciummo	Vincenzo	M50-54
875	Norton	Daniel	M40-44
876	Ferreira	Sebastien	M50-54
877	Ravindran	Balakumar	M40-44
878	Elshall	Ahmed	M35-39
879	Schultz	Marc	M50-54
880	Elep	Wayne Mark	M45-49
881	Utemov	Denis	M35-39
882	Pierandrea	Giovanni	M45-49
883	Moroni	Gianluigi	M55-59
884	Morris	Mike	M55-59
885	Rogers	Ian	M55-59
886	Samara-suriya	Geeth	M30-34
887	Bana	Muham-mad	M30-34
889	Ryan	Lee	M35-39
890	Andersson	Bjorn	M40-44
891	Mendez	Adrian	M45-49
892	Litvinov	Roman	M40-44
893	Talbi	Amine	M40-44
894	Andreev	Dmitriy	M40-44
895	Lavrov	Igor	M35-39
896	Us	Andrey	M30-34
897	Elghamrawi	Saleh	M30-34
898	Malhotra	Siddhant	M30-34
899	Hallenbar-ter	Rafael	M45-49
900	Barberis	Pierfran-cesco	M45-49
901	Asrani	Vinay	M45-49
902	Tabuena	Enrique	M40-44
903	Celmer	Marcin	M40-44
904	Perkins	Reggie	M40-44
905	Abdus-samed	Abdul Salam	M35-39

BIB	Surname	First Name	Group
906	Kourie	Marc	M30-34
907	Brewer	Graham	M40-44
908	Levin	Mikhail	M25-29
909	Usmanov	Marat	M40-44
910	Loranca	Fran	M35-39
911	Balkin	Alexey	M35-39
912	Herrele	Heinz-Pe-ter	M30-34
913	Syafitri	Dino	M35-39
914	Alexandre Lemos	José	M35-39
915	Elbassyouni	Ibrahim	M35-39
916	El Azazy	Omar	M30-34
917	Pluzhnikov	Valerii	M30-34
918	Trencseni	Marton	M40-44
919	Raymond	Ryan	M50-54
920	Lepper	David	M50-54
921	Musker	Simon	M35-39
922	Alwoqayan	Mubarak	M45-49
923	Rogers	Mark	M55-59
924	Czorny	Nicolas	M45-49
925	Hinduja	Gaurav	M40-44
926	Kamm	Marcel	M55-59
927	Shedden	Alex	M30-34
928	Ferreira Porto Filho	Osvaldo	M35-39
929	Nama	Manoj	M45-49
930	Kozlov	Mikhail	M45-49
931	Seitov	Almas	M35-39
932	Avramenko	Andriy	M40-44
933	Telford	Nathan	M30-34
934	Böhrenz	Lars	M50-54
935	Curran	Sean	M40-44
936	Bhutto	Atif	M35-39
937	Worthe	Myles	M30-34
938	Elsafty	Hatem	M40-44



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BIB	Surname	First Name	Group
939	Petrunin	Alexander	M35-39
940	Letessier	Guillaume	M40-44
941	Dillon	Brendan	M55-59
942	Samitov	Albert	M50-54
943	Pudney	William	M45-49
944	Mora Oviedo	Juan Diego	M50-54
945	Hawkes	Mark	M45-49
946	Schefter	Martin	M55-59
947	Berthomet	Stephane	M45-49
948	Abdel-Rahman	Zachary	M35-39
949	Allen	Craig	M60-64
950	Pothukattil	Mohandas	M55-59
951	Волков	Владимир	M55-59
952	Ponnachanthodi	Abdulla Mohammed	M35-39
953	Pero	Andrea	M60-64
954	Abrantes	Luis	M35-39
955	Reilly	Brian	M30-34
956	Lazrak	Otmane	M40-44
957	Afifi	Salah	M45-49
958	Salman	Abdulaziz	M30-34
959	Sbihi	Tayeb	M40-44
960	Suddens	James	M25-29
961	Macdonald	Alexander	M25-29
962	Andreolla	Dani	M30-34
963	Zaki	Khaled	M40-44
964	Kravchenko	Dimitrii	M50-54
965	Salah	Belal	M25-29
966	Salomon	Cristian Camilo	M30-34
967	Nazer	Rakan	M40-44
968	Saxena	Alok	M45-49
969	Van Rutten	Bryan	M25-29
970	Bondi'	David	M30-34

BIB	Surname	First Name	Group
971	De Meijer	Ruben	M35-39
972	Kovacevic	Nenad	M35-39
973	Nettleton	Andy	M55-59
974	Hammad	Bassam	M55-59
975	Azeem	Jawad	M55-59
976	Kassem	Khaled	M35-39
977	Baker	Cameron	M30-34
978	Berezhnyi	Dmytro	M35-39
979	Jones	Ben	M45-49
980	Tolykbayev	Nurlybek	M35-39
981	Zhalmagambetov	Yerlan	M35-39
982	Weiss	Peter	M50-54
983	Toutoungi	Emad	M45-49
984	Gomez Cereceda	Ignacio De Loyola	M30-34
985	Okayev	Yerkeblan	M50-54
986	Gouda	Yasser	M50-54
987	Alejaway	Fady	M35-39
988	Jadhav	Dashrath	M65-69
989	Elmaghrabi	Yehia	M30-34
990	Barbancho	Ángel	M45-49
991	Suerte	Arnel	M40-44
992	Boekel	Erik	M50-54
993	Ghotge	Vikrant	M45-49
994	Rizkana	Youssef	M25-29
995	Dr. Pradyumna	Vaidya	M45-49
996	Barbier	Benjamin	M45-49
997	Erasmus	Willem	M40-44
998	Lee	Shaun	M40-44
1000	Knapik	Roman	M55-59
1001	Mangilinan	Paolo	M35-39
1002	Abourayya	Mostafa	M40-44
1003	Ismail	Seifeldeen	M18-24
1004	Vignon	Antoine	M35-39

BIB	Surname	First Name	Group
1005	Kocsis	Arpad	M45-49
1006	Konkov	Sergey	M40-44
1007	Quintana	Francisco	M35-39
1008	Kirsanov	Mikhail	M35-39
1009	Paranjape	Amit	M30-34
1010	Murugov	Vladimir	M60-64
1011	Margaryan	Narek	M35-39
1012	Ashby	Stephen	M40-44
1013	Till	Tamas	M45-49
1014	Krauss	Christian	M30-34
1015	Visser	Jacques	M55-59
1016	Griffin	Richard	M45-49
1017	Tesoro	Nelvin	M40-44
1018	Salnikov	Denis	M35-39
1019	Abucayon	Karl Benedict	M30-34
1020	Ravichandran	Anirudh	M25-29
1021	Benson	Matthew	M45-49
1022	Mathews	Frank	M45-49
1023	Alireza	Yusuf	M50-54
1024	Van Der Wulp	Hans	M50-54
1025	Markowski	Wojciech	M35-39
1026	Esau	James	M40-44
1027	Bendellah	Ahmed	M30-34
1028	Stephan	Yann	M45-49
1029	Erskine	Zak	M18-24
1030	Rungta	Naman	M25-29
1031	Nurlanuly	Bauyrzhan	M30-34
1032	Abery	Stephen	M45-49
1033	Ismanov	Yessentay	M35-39
1034	Calleja Castillo	Alejandro Xavier	M25-29
1035	Tazi	Nacer	M40-44
1036	Russo	Giuseppe	M45-49



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BIB	Surname	First Name	Group
1037	Hemmings	Mark	M35-39
1038	Johns	David	M55-59
1039	Norman	Andy	M40-44
1040	Cantatore	David	M45-49
1041	De Was-seige	Nicolas	M50-54
1042	Singh	Kushal	M25-29
1043	Musso	Silvio	M35-39
1044	Monguno	Ali	M30-34
1045	Brown	Robert	M40-44
1046	El Lemdani	Mustapha	M30-34
1047	Keating	David	M30-34
1048	Fadel	Mohamed	M30-34
1049	Cousin	Corentin	M25-29
1050	Khokhlov	Aleksei	M30-34
1051	Alcantara Granja	Antonio	M35-39
1052	Karshagin	Askar	M30-34
1053	Yateem	Mohamed	M35-39
1054	Akbarov	Oleg	M35-39
1055	Slapka	Petr	M35-39
1056	Pau	Mayur	M45-49
1057	Riccardi	Tomas	M25-29
1058	Lazraq	Ali	M35-39
1059	Fagg	Simon	M50-54
1060	Podzimek	Jan	M40-44
1061	Semple	Bradley John	M35-39
1062	Maclachlan	Andrew	M45-49
1063	Courtney	Rhys	M35-39
1064	Lysochenko	Roman	M30-34
1065	Kurach	Michal	M35-39
1066	Guy	Mark	M55-59
1067	Basavaraj	Vinay	M40-44
1068	Hardy	Jonathon	M40-44
1069	Gupta	Aman	M35-39

BIB	Surname	First Name	Group
1070	Daryani	Rajesh	M45-49
1071	Sendra	Xavier	M50-54
1072	Dholakia	Darsh	M18-24
1073	Syed Ali	Seynul Abdeen	M55-59
1074	Elayadi	Abdelsalam	M50-54
1075	Riding	Josh	M30-34
1076	Vydrov	Anton	M40-44
1077	Lavin	Emmanuel	M30-34
1078	Stacey	Keith	M45-49
1079	Palmer	Alfie	M25-29
1080	Mukashev	Anuarbek	M35-39
1081	Mahari	Mohammed	M40-44
1082	Christophi	Stathis	M45-49
1083	Mazzola	Daniele	M55-59
1084	Habaish	Omar	M40-44
1085	Sarkila	Juho	M45-49
1086	Svagusa	Ante	M40-44
1087	Harkin	Billy	M50-54
1088	Irish	Mark	M35-39
1089	Fernandez	Sergio	M45-49
1090	Savinykh	Danila	M40-44
1091	Desai	Mihir	M40-44
1092	Domingos	Rafael	M25-29
1093	Gribanov	Maxim	M40-44
1094	Thuvanat	Praveen	M45-49
1095	Walsh	David	M40-44
1096	Arabi	Imad	M40-44
1097	Domin	Bartosz	M30-34
1098	Walsh	Justin	M30-34
1099	Pantazis	Dimitris	M50-54
1100	Nair	Abishek	M35-39
1101	Oikonomopoulos	Vasileios	M50-54
1102	Sullivan	Rory	M30-34

BIB	Surname	First Name	Group
1103	Chatzigeorgiou	Timos	M30-34
1104	Leeman	Gary Thomas	M35-39
1105	Khan	Hamid	M45-49
1106	Ftiah	Hachem	M30-34
1107	Reza	Husayn J	M35-39
1108	Al Zoobi	Ali	M35-39
1109	Smith	Liam	M35-39
1110	Bosch	Cameron	M30-34
1111	Pancirolli	Luca	M45-49
1112	Mesharafa	Hussein	M50-54
1113	More	Yeshwant	M45-49
1114	Muñoz Gutiérrez	Tomás	M30-34
1115	Takeda	Hiro	M45-49
1116	Zabavin	Alexey	M45-49
1117	Borras	Fernando	M40-44
1118	Marquez	Julian	M30-34
1119	Dupont	Nicolas	M40-44
1120	Barnard	Gordon	M40-44
1121	Bad-zire-Smith	Daniel	M30-34
1122	Kc	Abdussamad	M30-34
1123	Naitali	Mourad	M40-44
1124	Singh	Rohit	M40-44
1125	Marchant	Jon	M45-49
1126	Simpson	Ian	M60-64
1127	Danielyan	Vahe	M45-49
1128	Nor-Arevyan	Andrey	M45-49
1129	Salès	Frédéric	M40-44
1130	Magrina	Jose	M50-54
1131	Gunadi	Adrian	M45-49
1132	Chavan	Manoj	M30-34
1133	Kanounji	Bassel	M35-39



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BIB	Surname	First Name	Group
1134	Taylor	Jason	M30-34
1135	Desai	Pratik	M40-44
1136	Cliffe	George	M30-34
1137	Chiaranda	Gianmauro	M55-59
1138	Conboy	John	M40-44
1139	Gazizov	Sergey	M40-44
1140	Alexandru	Toma	M30-34
1141	Fayzutdinov	Lenar	M40-44
1142	Kafafi	Sherif	M45-49
1143	Moosa	Mohomed	M35-39
1144	Yeraliyev	Nurlanbek	M45-49
1145	Bhargava	Adit	M18-24
1146	Dudakov	Anton	M35-39
1147	Korachankandy	Shabeer	M45-49
1148	Voznesenskiy	Olexandr	M35-39
1149	Sherif	Hesham	M35-39
1150	Hendawi	Hamza	M65-69
1151	Thomas	Bineesh	M35-39
1152	Ait Yahoui	Mehdi	M35-39
1153	Hesham Amin	Mohamed	M30-34
1154	Agius	Rudolph	M40-44
1155	Davis	Stephen	M40-44
1156	Rule	Charles	M40-44
1157	El Akkad	Mohamed	M30-34
1158	Bassit	Ali	M40-44
1159	Cacurio	Tommaso	M45-49
1160	Delort	Alexandre	M45-49
1161	Axibal	Dennis	M40-44
1162	Elwassimy	Abdelrahman	M35-39
1163	Alkhulaifi	Mohammad	M30-34
1164	Venter	Cornelius	M45-49

BIB	Surname	First Name	Group
1165	Soutter	Guillaume	M30-34
1166	Cagnati	Roberto	M40-44
1167	Kuebler	Jan	M35-39
1168	Averkin	Dmitry	M40-44
1169	Duarte	Nicolas	M25-29
1170	Dmitriev	Andrey	M50-54
1171	Skydsgaard Jensen	Laurits	M18-24
1172	Yerdessov	Azamat	M35-39
1173	Khayat	Simon	M45-49
1174	Robinson	Trevor	M55-59
1175	El Fellah	Amine	M35-39
1176	Mccormick	Hadley	M55-59
1177	Ali	Hussain	M30-34
1178	Kühn	Christian	M35-39
1179	Carnicer	David	M40-44
1180	Parmar	Hhemant	M45-49
1181	Osmond	Craig	M35-39
1182	Oregan	Darren	M40-44
1183	Rapaport	Eliyahu	M30-34
1184	Mcfarland	Joseph	M45-49
1185	Bhangu	Jaswant	M40-44
1186	Bannon	Pauric	M25-29
1187	Sarraf	Samer	M45-49
1188	Dula	Reymond Kelvin	M40-44
1189	Aramyan	Grigor	M45-49
1190	Kudtarkar	Yohaana	M18-24
1191	Babu	Ferose	M40-44
1192	El-Badawi	Tarek	M35-39
1193	Nour	Mohamed	M40-44
1194	Duyck	Wouter	M30-34
1195	Kieser	Julius	M40-44
1196	Al Noaimi	Kumail	M40-44
1197	Maslekar	Aditya	M18-24

BIB	Surname	First Name	Group
1198	Dighe	Apoorva Chetan	M45-49
1199	Vasilev	Evgeniy	M35-39
1200	Clark	Henry	M60-64
1201	Morris	Eirian	M45-49
1202	Luzyanin	Aleksey	M45-49
1203	Zdorovets	Maxim	M35-39
1204	Mendoza	Genileo Jonah	M35-39
1205	Adlouni Alami	Naoufal	M40-44
1206	Turner	Greg	M40-44
1207	Van Heerden	Pete	M50-54
1208	Gerdts	Oleg	M40-44
1209	Jadhav	Akshay	M30-34
1210	Alborough	Ryan	M30-34
1211	Prouty	Gordon	M55-59
1212	Maiwald	Horst	M60-64
1213	Orekhov	Anatoliy	M35-39
1214	Fersini	Michele Donato	M40-44
1215	Elrouby	Serag	M35-39
1216	Komarov	Vladimir	M40-44
1217	Alsheber	Abdullah	M40-44
1218	Alaa	Hisham	M45-49
1219	Drozdo	Aleksandr	M50-54
1220	Marshall	Brian	M35-39
1221	El Noumeir	Rafik	M45-49
1222	Almarzooqi	Abdulrahman	M35-39
1223	Low	Ian	M50-54
1224	Orlov	Daniil	M40-44
1225	Анатольевич	Фоменко	M40-44
1226	Cubillos Martin	German Leonardo	M40-44
1227	Alhammad	Mohammad	M50-54
1228	Dela Cruz	Richard	M45-49



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BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
1229	Frickhinger	Marco	M40-44	1262	Charatsis	Evangelos	M60-64	1294	Mackie	Andrew	M35-39
1230	Napod	Dennis	M45-49	1263	Segovia Garcia	Daniel	M45-49	1295	Moiseev	Dmitry	M35-39
1231	Seidaliyev	Anuar	M35-39	1264	Selim	Hesham	M60-64	1296	Chatzigeorgiou	Konstantinos	M18-24
1232	Calleja Castillo	Daniel	M25-29	1265	Сафонов	АНТОН	M25-29	1297	Zubarev	Pavel	M40-44
1233	Ahmed	Nasser	M45-49	1266	Said Yousef	Imad Aldin	M35-39	1298	Rodrigo	Dinesh	M45-49
1234	Chothia	Muhammed	M40-44	1267	Mckiernan	John	M40-44	1299	Terrez	Jose	M40-44
1235	Hawkins	Joe	M35-39	1268	Jamli	Abdelkrim	M30-34	1300	El-Gohary	Nabil	M35-39
1236	Okayev	Assanbek	M25-29	1269	Burnside	Jay	M50-54	1301	Grebnev	Roman	M40-44
1237	Martynov	Alexandr	M30-34	1270	Ali	Malik	M35-39	1302	Kovoor	Geo	M30-34
1238	Loza	Alexander	M35-39	1271	Pasquier	Antoine	M25-29	1303	Nazarbayev	Nurbek	M40-44
1239	Barrowman	Chris	M40-44	1272	Termizi	Ahmad A Qahhar	M40-44	1304	Al-Adhamy	Osama	M40-44
1240	Adenwalla	Mannan	M55-59	1273	Mershalov	Denis	M35-39	1305	Perkins	George	M40-44
1241	Sergey	Shishakov	M45-49	1274	Acquaviva	Olivier	M35-39	1306	Lyzhin	Denis	M30-34
1242	Lagarde	Jerome	M45-49	1275	De Waal	Sybrand	M30-34	1307	Santhosh	Chandu	M40-44
1243	Hebding	Olivier	M30-34	1276	Somashekar	Dr Adarsh	M45-49	1308	Wise	Lucas	M35-39
1244	Ayoub	Essbai	M25-29	1277	Martinez De La Vega	Claudio	M45-49	1309	Nersesyan	Tigran	M35-39
1245	Malleczek	Niko	M18-24	1278	Allison	Andrew	M50-54	1310	Verma	Rohit	M40-44
1246	Hamdy	Mohamed	M40-44	1279	Aleksandr	Simonenko	M40-44	1311	Howard	Martin	M40-44
1247	Lacerda	Arjuna	M35-39	1280	Blades	Thomas	M40-44	1312	So	Sergey	M25-29
1248	Badri	Youssef	M40-44	1281	Chinchwade	Swapnil	M35-39	1314	Akhanov	Shingys	M30-34
1249	El Atrash	Ali	M25-29	1282	Komarov	Aleksandr	M30-34	1315	Rajendran	Rohit	M40-44
1250	Rowland	Quentin	M50-54	1283	De Guzman	Ferdinand	M40-44	1316	Harrop	Christopher	M60-64
1251	Diwan	Chinmay	M30-34	1284	Khudai-bergenov	Abylay	M30-34	1317	Abutaleb	Moussa	M40-44
1252	Loock	Hennie	M40-44	1285	Sweeney	Brian	M40-44	1318	Farrell	Ian	M40-44
1253	Firsov	Dmytro	M30-34	1286	Masrar	Hicham	M40-44	1319	Mowafi	Hussein	M35-39
1254	Bakytzhannov	Aibol	M40-44	1287	Contractor	Varjavand	M18-24	1320	Tonoyan	Artashes	M45-49
1255	Kan	Yevgeniy	M30-34	1288	Kislinsky	Alexander	M40-44	1321	Smith	Frank	M60-64
1256	Mabrouk	Amr	M60-64	1289	Pylypyshyn	Oleksandr	M30-34	1322	Barinov	Sergey	M35-39
1257	Ahmad	Walid	M45-49	1290	Helal	Nashat	M40-44	1323	Russell	Ian	M40-44
1258	Taylor	David	M25-29	1291	Jaiswal	Sanjay	M55-59	1324	Sabirov	Ilnur	M30-34
1259	Razuvaev	Vladimir	M40-44	1292	Kamhawi	Zaid	M45-49	1325	Carroll	James	M40-44
1260	Stibb	Brandon	M40-44	1293	Iarmontovich	Dmitrii	M30-34	1326	Alteneiji	Jasem	M30-34
1261	Giglio	Rafael	M40-44					1327	Malih	Adil	M35-39
								1328	Paniushkin	Sergei	M30-34



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BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
1329	Doilida	Georgiy	M40-44	1362	Whitfield	Thomas	M35-39	1393	Mulder	Devan	M30-34
1330	Brandt	Christophe	M45-49	1363	Dmitriuk	Iliia	M35-39	1394	Mohammedunny	Shefeer	M40-44
1331	Diva	Mark Angelo	M30-34	1364	Es Slami	Kader	M50-54	1395	Malleczek	Dieter	M50-54
1332	Marco Soler	Joaquin	M40-44	1365	Kořib	Pavel	M45-49	1396	Paniushkin	Valerii	M30-34
1333	Seffar	Aziz	M35-39	1366	Khattab	Sherif	M35-39	1397	Nizameev	Ildar	M30-34
1334	Rulevskii	Evgenii	M30-34	1367	Rahman	Yusuf	M30-34	1398	Salamullaev	Umid	M30-34
1335	Stolkov	Artem	M35-39	1368	Aifan	Mohammed	M40-44	1399	Alshamsi	Mohammed	M25-29
1336	Iskenderov	Yerbol	M35-39	1369	Bouzoubaa	Mohamed	M40-44	1400	Shpikpayev	Daniyar	M35-39
1337	Singh	Vikramjeet	M35-39	1370	Hallam	Brett	M30-34	1401	Turno	Gary Jr	M50-54
1338	Hoult	Adam	M35-39	1371	Martovitskiy	Andrey	M45-49	1402	Afifi	Hesham	M35-39
1339	Sonne	Joerg	M50-54	1372	Abo El Azm	Fahd	M35-39	1403	Bracke	Edgar	M55-59
1340	Enikeev	Nail	M35-39	1373	Rose	Malcolm	M50-54	1404	Thompson	Paul	M50-54
1341	Volkov	Anton	M50-54	1374	Tarmoom	Mohamed	M30-34	1405	Cruz	Marcos	M40-44
1342	Ibrahem	Ahmad	M45-49	1375	Lambert	Luke	M30-34	1406	Bartoloni	Francesco	M30-34
1343	Arbuckle	Stewart	M55-59	1376	Tesluyk	Aleksandr	M30-34	1407	Dean	Glen	M40-44
1344	Hunter	Stephen	M25-29	1377	Sadler	Richard	M45-49	1408	Wijegooneratne	Simon	M40-44
1345	Gürkan	Burak	M45-49	1378	Tairanil	Mohammed Shabeer	M25-29	1409	Klauznicer	Jasenko	M30-34
1346	Di Niccola	Fabio	M40-44	1379	White	Calum	M25-29	1410	Majado	Leonardo	M25-29
1347	Tabit	Bouchaib	M40-44	1380	Michos	Vasilis	M45-49	1411	Gubanov	Dmitrii	M50-54
1348	Shetty	Shashank	M25-29	1381	Golubev	Sergey	M45-49	1412	Rao	Omair	M35-39
1349	Kholopov	Alexey	M35-39	1382	Kasatkin	Sergei	M40-44	1413	Varga	Gabor	M35-39
1350	Santha	Zoltan	M45-49	1383	El Amine Fichtali	Omar	M40-44	1415	Eadie	David	M55-59
1351	Williams	Joe	M35-39	1384	Chahal	Sundip	M45-49	1416	Makhambet	Daniyar	M35-39
1352	Costa	Alexandre	M45-49	1385	Khurram Masood	Kman	M45-49	1417	Arendse	Sedick	M50-54
1353	Geiss	Alexander	M50-54	1386	Dalpaos	Paolo	M40-44	1418	Panchabhavi	Rakesh	M40-44
1354	Verblovski	Daniel	M45-49	1387	Chodowski	Patrick	M30-34	1419	Arar	Mohamed	M25-29
1355	S	Rupesh	M40-44	1388	Kulsartov	Yerkin	M35-39	1420	Mekionis	Andrej	M40-44
1356	Mancini	Giancarlo	M45-49	1389	Loos	Christian	M50-54	1421	Shevchenko	Mikhail	M35-39
1357	Chekashov	Evgeny	M40-44	1390	Euaggelou	Vaggelis	M35-39	1422	Silva	Denny	M40-44
1358	Ionov	Vladimir	M40-44	1391	Alvarez	Kelly	M30-34	1423	Yablonskiy	Alexander	M40-44
1359	Psomas	Iosif	M25-29	1392	Makke	Moe	M35-39	1424	Relat	Biel	M35-39
1360	Essa	Muhammed Nazeem	M40-44								
1361	Alhaddad	Hassan	M35-39								



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BIB	Surname	First Name	Group
1425	Ковалевский	Алексей	M40-44
1426	Hunter	Trevor	M60-64
1427	Hubmann	Tilo	M25-29
1428	Klochko	Yury	M40-44
1429	Benturquia	Fodhil	M35-39
1430	Baydoun	Jalal	M25-29
1431	Sirota	Anton	M40-44
1432	Wilson	David	M55-59
1433	Giron Patiño	Carlos Alberto	M35-39
1434	Sherif	Magued	M55-59
1435	Watson	Clive	M55-59
1436	Varghese	Shijo	M45-49
1437	Butler	David	M40-44
1438	Millward	Adam	M35-39
1439	Byres	Ross	M40-44
1440	El Shafei	Bassem	M40-44
1441	Alkhatib	Khalid	M35-39
1442	Thorpe	Ian	M25-29
1443	Lofti	Simohamed	M40-44
1444	Odintsov	Nikolay	M50-54
1445	Kardan	Kamran	M45-49
1446	Fahy	Jason	M35-39
1447	Domingo	John Robert	M45-49
1448	Ferrater Grau	Carles	M30-34
1449	Kumar	Praveen	M50-54
1450	Zhetessov	Kadyrzhan	M25-29
1451	Ansari	Robert	M45-49
1452	Majt	Ahmed	M40-44
1453	Al Khalifa	Ali Isa	M30-34
1454	Roberts	Charlie	M35-39
1455	Cooper	Samuel	M25-29
1456	Mohamed	Mohamed Yahya Abdelhai	M40-44
1457	Afshar	Iman	M35-39

BIB	Surname	First Name	Group
1458	Rossi	Adrian S.	M35-39
1459	Koshy	Lalu	M35-39
1460	Cuchimba Reyes	Wilson	M40-44
1461	Gaikwad	Vijay	M30-34
1462	Siddique	Zawahir	M50-54
1463	Chami	Fadi	M45-49
1464	Puri	Archit	M30-34
1465	Chehadeh	Katim	M25-29
1466	Kumar	Gagandeep	M30-34
1467	Damodaran	Gaurav	M45-49
1468	Mollison	Luke	M30-34
1469	Aljuwaied	Faisal	M40-44
1470	Roinet	Stephane	M55-59
1471	Senadhip-athy	Maxi	M45-49
1472	Alafifi	Abdulla	M35-39
1473	Gupta	Deepak	M40-44
1474	Palkin	Viktor	M35-39
1475	Nuykin	Albert	M35-39
1476	Clout	Andrew	M50-54
1477	Sleiman	Ramzi	M40-44
1478	Robertson	Gus	M35-39
1479	Williams	Jordan	M25-29
1480	Sarkisian	Artashes	M45-49
1481	Chraibi	M'Hamed	M40-44
1482	Tavares	Guido	M45-49
1483	Bracamonte	Noriel Paul	M30-34
1484	Houston	Scott	M35-39
1485	Sultanov	Yerzhan	M55-59
1486	Dharma	Ramesh	M50-54
1487	Thackrey	Richard	M45-49
1488	Friend	Roscoe	M35-39
1489	Alhussain	Ahmed	M30-34
1490	Medda	Mauro	M35-39

BIB	Surname	First Name	Group
1491	Perez Campos	Amilton	M50-54
1492	Balashov	Konstantin	M40-44
1493	Beshay	Arsany	M30-34
1494	Joseph	Alex	M40-44
1495	Lagos Ochoa	Leonardo Andres	M45-49
1496	Vanagas	Mindaugas	M35-39
1497	El Shahawy	Hassan	M45-49
1498	Gatward	David	M50-54
1499	Madden	Timothy	M35-39
1500	De Bruyn	Johan	M50-54
1501	Yaacoub	Michel	M40-44
1502	Rossignol	Damien	M45-49
1503	Liezenga	Pieter	M35-39
1504	Mcloughlin	Neil	M55-59
1505	Gujarathi	Sagar	M40-44
1506	Okasha	Ahmad	M55-59
1507	Selma	Samuel	M45-49
1508	Singla	Ankur	M35-39
1509	Nugari	Paolo Filippo	M45-49
1510	Almaainah	Khaled	M35-39
1511	Macinnes	Rory	M30-34
1512	Rabah	Salah	M40-44
1513	Saber	Hany	M40-44
1514	Stannard	Jonathan	M35-39
1516	Saldungaray	Pedro	M55-59
1517	Deo	Mihir	M25-29
1518	Gainullin	Timur	M40-44
1519	Melikyan	Hakob	M45-49
1520	Astillero	Joeniell	M35-39
1521	Iraqi	My Ahmed	M45-49
1522	Le Foulon	Xavier	M50-54
1523	Jugal	Gautam	M40-44



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BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
1524	Akhmedov	Damir	M25-29	1555	Pathak	Jay	M40-44	1587	Abdul Aziz	Hassan	M35-39
1525	Khan	Salman	M40-44	1556	Katayama	Hayato	M30-34	1588	Ryan	Toby	M35-39
1526	Gresser	Nicolas	M40-44	1557	De Leo	Marco	M40-44	1589	Alkhudher	Ahmad	M40-44
1527	Yazici	Zafer Tumer	M45-49	1558	O'Reilly	Derek	M50-54	1590	KorzHAVIN	Aleksei	M55-59
1528	Dooley	Luke	M30-34	1559	Mynkozha- yev	Almas	M35-39	1591	Gonzalez Vallejo	Ignacio	M30-34
1529	Iacorossi	Fabrizio	M40-44	1560	Dela Cruz	Maynard	M45-49	1592	Smith	Marty	M50-54
1530	Alkhyeli	Moham- med	M45-49	1561	Alkhalifa	Salman	M30-34	1593	Naghiyev	Bahruz	M35-39
1531	Mahyo	Khalid	M25-29	1562	Morris	Taff	M50-54	1594	Kwon	Tae Young	M40-44
1532	Almass	Fahad	M30-34	1563	Yokota	Shohei	M35-39	1595	Heji	Abdulaziz	M30-34
1533	Abdelilah	Boukaoui	M40-44	1564	Asset	Turmagam- betov	M35-39	1596	Alaid	Khalid	M35-39
1534	Darwish	Hazim	M30-34	1565	Cortas	Marwan	M35-39	1597	Novell	Albert	M30-34
1535	Khalifa	Hassan	M40-44	1566	Barlapudi	Vijay	M40-44	1598	Annikov	Valerii	M40-44
1536	Wismans	Mitch	M18-24	1567	Abdou	Ahmed	M45-49	1599	Strunin	Mikhail	M35-39
1537	Feuillard	David	M35-39	1568	Mercan	Cem	M50-54	1600	Benkirane	Oussama	M55-59
1538	Al Halabi	Abdulwa- hab	M45-49	1569	Mendoza	Alex	M40-44	1601	Sagidolla- yev	Nursultan	M25-29
1539	Mamma- dov	Fariz	M35-39	1570	Saurbek	Zhanibek	M45-49	1602	Gordienko	Konstantin	M35-39
1540	Janne D'Othee	Henry	M55-59	1571	Almazrouei	Hamad	M30-34	1603	Carreiras	Pedro	M40-44
1541	Doran	Simon	M60-64	1572	Hemant	Mr	M50-54	1604	Malone	Shane	M35-39
1542	Petrou	Takis	M55-59	1573	Cortez	Michael Angelo	M30-34	1605	Maalouf	Amin	M35-39
1543	Gevorkyan	Mikael	M45-49	1574	Dimopoulos	Panagiotis	M30-34	1606	Albasi	Stefano	M45-49
1544	Berndt	Lloyd	M35-39	1575	Pluck	Dan	M45-49	1607	Nuraliyev	Galym	M35-39
1545	Bhuvan- endran	Suraj	M35-39	1576	Venugopal	Krish- naprasad	M35-39	1608	Duffy	Chris	M35-39
1546	Chuashev	Galym	M35-39	1577	Nieman	Adriaan	M40-44	1609	Adeeb	Abd-Alrah- man	M25-29
1547	Chernyshov	Sergiy	M40-44	1578	Papadogi- annis	Stathis	M40-44	1610	Maslov	Alexey	M40-44
1548	Monaghan	Aidan	M40-44	1579	Lozano Martinez	Cesar	M30-34	1611	Dumbre	Amol	M40-44
1549	Alhaddad	Fahad	M40-44	1580	Spisak	Vojtech	M45-49	1612	Freiberger	Philipp	M30-34
1550	Maurice	Serge	M35-39	1581	Selikson	Michael	M55-59	1613	Cronin	Brendan	M40-44
1551	Lucena Juve	Francesc	M30-34	1582	Peries	Johann	M55-59	1614	Almarri	Abdulrah- man	M35-39
1552	Boussetta	Yassine	M40-44	1583	Elarabi	Walid	M45-49	1615	Woodrow	Jason	M50-54
1553	Klohr	Philipp	M35-39	1584	Alkandari	Suliaman	M30-34	1617	Mccann	David	M40-44
1554	Dugan	Andrew	M35-39	1585	Cirino	Anthony	M25-29	1618	Hitchens	James	M30-34
				1586	Łomża	Dorian	M35-39	1619	Alami Hassani	Moulay Ahmed	M45-49



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BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
1620	Kochergin	Aleksei	M35-39	1653	Bacheca	Lorenzo	M18-24	1686	Al Farii	Haitham	M40-44
1621	Moccia	Stefano	M50-54	1654	Smith	Ben	M30-34	1687	Rustom	Hisham	M45-49
1622	Abourizk	Hicham	M50-54	1655	Afanasyev	Evgeny	M35-39	1688	Ali	Mohamed Sulfikar	M30-34
1623	Adam	Essam	M55-59	1656	Pavlinger	Roman	M25-29	1689	Teploukhov	Denis	M45-49
1624	Trikoz	Nikita	M25-29	1657	Mendoza	Jessie	M45-49	1690	Rizkalla	Margy	M35-39
1625	Buehner	Brett	M45-49	1658	Yacoub	Mahmoud	M30-34	1691	Salov	Artem	M45-49
1626	Alhosani	Ahmed	M25-29	1659	Yunusov	Anuzar	M30-34	1692	Hall	Peter	M45-49
1627	Patil	Hardik	M35-39	1660	Bugambar	Mohammad	M35-39	1693	Al-Thuwaini	Fahad	M35-39
1628	Demir	Ismail Onur	M35-39	1661	Donnelly	Paul	M45-49	1694	Kenny	David	M35-39
1629	Nagumanov	Timur	M35-39	1662	Perevalov	Vitalii	M40-44	1695	Ashikhmin	Evgeniy	M40-44
1630	Mamaikhonov	Timur	M35-39	1663	Campana	Federico	M45-49	1696	Cooper	Stephen	M40-44
1631	Dekkers	Roger	M40-44	1664	De Marco	Gennaro	M40-44	1697	Albinzayed	Abdulla	M30-34
1632	Nguyen	Trung	M30-34	1665	Abu-Ershaed	Nassim	M45-49	1698	Dyet	Callum	M40-44
1633	Nacional	Gilbert	M50-54	1666	Almuhaini	Saleh	M30-34	1699	Alshaya	Abdullah	M30-34
1634	Repin	Konstantin	M35-39	1667	Kennedy	Eric	M40-44	1700	Alkhabbaz	Yusuf	M40-44
1635	Sells	Pierre	M40-44	1668	Hussami	Mohamad	M50-54	1701	Tascioglu	Selim	M40-44
1636	Girin	Alexis	M40-44	1669	Daga	Madhur	M50-54	1702	Malavetas	Theo	M45-49
1637	Otey	Sanzhar	M18-24	1670	Al Kilani	Zaid	M30-34	1703	Musch	Alexander	M45-49
1638	Noble	Steve	M40-44	1671	Chojnacki	Artur	M50-54	1704	Smirnov	Alexander	M35-39
1639	Turabi	Ali	M30-34	1672	Sapir	Oren	M45-49	1705	Aliane	Romain	M35-39
1640	Braccaioli	Gustavo	M50-54	1673	Syrbekov	Bauyrzhan	M25-29	1706	Thomas	James	M45-49
1641	Nurzak	Dauren	M35-39	1674	Romanet	Julien	M40-44	1707	Wagener	Markus	M45-49
1642	Turczynski	Lukasz	M35-39	1675	Alhamli	Awad	M40-44	1708	Whiteley	Josh	M30-34
1643	Gostyaev	Dmitry	M45-49	1676	Al Fazari	Badar	M30-34	1709	Roethlisberger	Alain Patric	M55-59
1644	Ravalu	Pankaj	M25-29	1677	Niewiadomski	Damian	M45-49	1710	Ansari	Mohammad	M25-29
1645	Kulkarni	Rahul	M50-54	1678	Aitken	Steven	M40-44	1711	Ghaleb	Motaz	M30-34
1646	Karimov	Ayrat	M50-54	1679	Chavan	Mangesh	M35-39	1712	Chepurko	Andrey	M45-49
1647	Kamenskikh	Aleksandr	M45-49	1680	Carvel	Gregg	M55-59	1713	Fell	Dusty	M35-39
1648	Golightly	Wade	M25-29	1681	Ahmed	Imtiaz	M50-54	1714	Meshcheryakov	Terentii	M45-49
1649	El Mersaoui	Amine	M35-39	1682	Charbel	Roland	M40-44	1715	Lecocq	Eric	M50-54
1650	De Kergorlay	Stephane	M35-39	1683	Leslie	Richard	M40-44	1716	Qermane	Reda	M45-49
1651	Hawkins	Julian	M60-64	1684	Kassimov	Murat	M45-49	1717	Brito	Odoardo	M35-39
1652	Wyness	Duncan	M45-49	1685	Hurtado	Juan	M40-44				



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BIB	Surname	First Name	Group	BIB	Surname	First Name	Group	BIB	Surname	First Name	Group
1718	Chhoriya	Mahendra	M45-49	1751	Torres	Hector	M40-44	1784	Law	Matthew	M35-39
1719	Mcphail	Iain	M55-59	1752	Prunel	Francois	M35-39	1785	Blanco	Elkin	M35-39
1720	Riaby	Ilya	M55-59	1753	Flint	Rhys	M30-34	1786	Zamzami	Samad	M50-54
1721	El Mersaoui	Amine	M35-39	1754	Wata	Kentaro	M45-49	1787	Hasan	Mohamed	M40-44
1722	Zaitsev	Oleg	M50-54	1755	Dolzhanov	Artem	M35-39	1788	Belopolskiy	Sergey	M25-29
1723	Spalla	Nicolas	M30-34	1756	San	Serhat	M35-39	1789	Diez	Jose	M40-44
1724	Sieso Cortes	Javier	M30-34	1757	Westerholm	Alex	M45-49	1790	Sergunin	Vladimir	M35-39
1725	Ball	Robert	M55-59	1758	Ecran	Luc	M60-64	1791	Morales	Rikk	M40-44
1726	Elsayed	Aiman	M35-39	1759	Babenko	Alexey	M35-39	1792	Shah	Neelay	M35-39
1727	Robson	Laing	M45-49	1760	Hawes	Timothy	M40-44	1793	Freye	Domenik	M40-44
1728	Lavin	Jacob	M35-39	1761	Almarzooqi	Ali	M30-34	1794	Hubble	Chris	M30-34
1729	Walmsley	Graham	M40-44	1762	Al Jahdhami	Aziz	M40-44	1795	Tkachev	Mikhail	M40-44
1730	Izbassarov	Darkhan	M30-34	1763	Zayed	Hazem	M55-59	1796	Ibrahim	Yazki	M50-54
1731	Marey	Ahmed	M40-44	1764	Wilder	Jack	M18-24	1797	Monroy Henao	Alex	M35-39
1732	Khaled	Isa	M35-39	1765	Mulder	Hjalmar	M40-44	1798	Alsaleh	Saleh	M30-34
1733	Khurshid	Ali	M35-39	1766	Gandhi	Nirav	M45-49	1799	Ciuru	Serghei	M45-49
1734	Ausmeier	Darren	M30-34	1767	Zimmerschied	Andreas	M45-49	1800	Chernikov	Sergey	M55-59
1735	Mcconnell	Jamie	M30-34	1768	Sahai	Satyam	M45-49	1801	Makheev	Vadim	M45-49
1736	Von Berg	Jason	M35-39	1769	Crow	Bradley	M35-39	1802	Angarita Urbina	Fabián Alfredo	M50-54
1737	Price	Andi	M45-49	1770	Vasyl	Sentimrey	M40-44	1803	Cana	Jomar	M40-44
1738	Fattaleh	Osama	M55-59	1771	Harutyunyan	Hayk	M35-39	1804	Starnes	Duncan	M45-49
1739	Pestana	Wesley	M30-34	1772	Alsayed	Abdulla	M30-34	1805	Pomazov	Aleksandr	M35-39
1740	Nair	Anil	M45-49	1773	Kenny	Mark	M35-39	1806	Sankauskas	Karolis	M35-39
1741	Calvert	Daniel	M40-44	1774	Erlan	Atkiev	M35-39	1807	Argyriadis	Paraskevas	M45-49
1742	Kelly	Patrick	M25-29	1775	Satvaldiyev	Gabit	M45-49	1808	Adamczyk	Michał	M25-29
1743	Zhukov	Alexander	M45-49	1776	Downer	Brian	M45-49	1809	Romani	Raul	M50-54
1744	Ergeshev	Ruslan	M40-44	1777	Kalf	Nick	M30-34	1810	Kaushal	Nitin	M40-44
1745	Breau	Thomas	M30-34	1778	Sallam	Karim	M35-39	1811	Sheils	Brian	M30-34
1746	Kulkarni	Nitish	M25-29	1779	Raghunath	Shreyas	M25-29	1812	Zhdanov	Pavel	M35-39
1747	Petrochenko	Roman	M30-34	1780	Somvanshi	Abhinav	M30-34	1813	Waheedi	Salah	M45-49
1748	Almeida	Diego	M35-39	1781	Gushchin	Stepan	M30-34	1814	Hert	Marwan	M50-54
1749	Biadillah	Ahmed Amine	M45-49	1782	Nouigua	Karim	M40-44	1815	Le Bihan	Mike	M35-39
1750	Burhama	Abdullah	M30-34	1783	Fourie	Mark	M45-49	1816	Khoury	Nicolas	M35-39



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BIB	Surname	First Name	Group
1817	Klym	Yurii	M35-39
1818	Islamov	Victor	M55-59
1819	Mendes	Elder	M40-44
1820	Moussa	Bassam	M40-44
1821	Treschow	Adam	M40-44
1822	Hatchley	James	M55-59
1823	Jajodia	Gaurav	M40-44
1824	Micali	Massimiliano	M50-54
1825	Bamb	Sandeep	M50-54
1826	Fonseca	Corrado	M50-54
1827	Hildreth	Andy	M50-54
1828	Allam	Mostafa	M30-34
1829	Princiotta	Alessandro	M60-64
1830	Herberg	Roland	M45-49
1831	Nimhan	Hemant	M40-44
1832	Odnosteblits	Sergey	M45-49
1833	Rousseau	Bertrand	M55-59
1834	Ep	Sathyadas	M45-49
1835	Myftiu	Dritan	M55-59
1836	Cooper	Zachary	M25-29
1837	Savva	Alex	M30-34
1838	Alolayan	Mohammed	M40-44
1839	Gatto	Letterio	M55-59
1840	Griffiths	Kevin	M40-44
1841	Al Hinai	Fareed	M45-49
1842	Nadein	Vyacheslav	M45-49
1843	Sevilla	Adrian	M40-44
1844	Basso	Jacopo	M30-34
1845	Jordan	Dom	M50-54
1846	Rochas	Nicolas	M40-44
1847	Berjaoui	Salah	M40-44
1848	Tolchinskyi	Aleksandr	M40-44
1849	Tingle	Anthony	M35-39

BIB	Surname	First Name	Group
1850	Mannil Thodika	Abdul Majeed	M35-39
1851	Innocenti	Emiliano	M55-59
1852	Zaghloul	Issam	M40-44
1853	Aboshabana	Gamal	M35-39
1854	Martin	Alexander	M45-49
1855	Mutha	Kunal	M35-39
1856	Gonda	Michael	M40-44
1857	Walters	Iwan	M45-49
1858	Murzalinov	Azamat	M35-39
1859	Alnashmi	Eissa	M40-44
1860	Osipenko	Yury	M55-59
1861	Savko	Anton	M40-44
1862	Irrera	Antonino	M60-64
1863	Veretelnik	Anton	M40-44
1864	Mancera	David	M30-34
1865	Saunders	Jonathan	M30-34
1866	Saiti Romao Iwata	Silvio	M30-34
1867	Takagi	Daisuke	M35-39
1868	Sadykov	Rustam	M40-44
1869	Alkhyeli	Mohammed	M35-39
1870	Fratini	Marco	M45-49
1871	Rodriguez	Sergio	M35-39
1872	Karamou-salis	Konstantinos	M40-44
1873	De Villiers	Jacob R	M40-44
1874	Миронов	Игорь	M55-59
1875	Vella	John	M50-54
1876	Salpeas	Petros	M35-39
1877	Morong	Joan Laurence	M40-44
1878	Almutarrid	Nasser	M35-39
1879	Lussana	Filippo	M45-49
1880	Waqar	Salman	M40-44

BIB	Surname	First Name	Group
1881	Renard	Stephane	M45-49
1882	Kasiiian	Roman	M30-34
1883	Rawlinson	Philip	M45-49
1884	Muir	James	M60-64
1885	Jeegers	Stephane	M35-39
1886	Ford	Tim	M35-39
1887	Carey	Paul	M45-49
1888	Mourou	Youssef	M50-54
1889	Andrianolovich	Alexey	M40-44
1890	Korolikhin	Dmitrii	M40-44
1891	Calasang	Carl	M30-34
1892	Sannino	Ciro	M45-49
1893	Nikiforov	Ilya	M35-39
1894	Budair	Abdelrahman	M25-29
1895	Amann	Wolfgang	M50-54
1896	Bigno	Yann	M50-54
1897	Javed	Mohammed	M60-64
1898	Cameron	Ewan	M50-54
1899	Quijana Becerra	Alvaro Andres	M55-59
1900	Yates	Francis	M35-39
1901	Florimond	Sébastien	M45-49
1902	Van De Vyver	Erik	M55-59
1903	Nikolay	Polyanskiy	M40-44
1904	Wade	Ben	M45-49
1905	Muminov	Dior	M25-29
1906	Villagra Lobo	Alvaro	M35-39
1907	Fekhhkar	Rachid	M40-44
1908	Alsharhan	Ahmad	M40-44
1909	Alqassar	Mohammed	M45-49
1910	Kamarchevakul	Andrew	M45-49



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BIB	Surname	First Name	Group
1911	Emerancienne	Jonathan	M40-44
1912	Serikbayev	Ramazan	M30-34
1913	Khaymurzin	Aleksandr	M40-44
1914	Bolshov	Ilya	M50-54
1915	Vestur	Jérôme	M35-39
1916	Kubiak	Przemyslaw	M50-54
1917	Mimouni	Aziz	M50-54
1918	Sakia	Khizer	M35-39
1919	Mahn	Erhard	M50-54
1920	Xavier	Frederico Ferraz	M45-49
1921	Medina	Marlon	M40-44
1922	Karpov	Dmitrii	M30-34
1923	Baran	Piotr	M35-39
1924	Nikitin	Evgeny	M30-34
1925	Zendouzi	Abdelilah	M40-44
1926	Garvin	Trevor	M50-54
1927	Benchevron	Karim	M45-49
1928	Alromaihi	Ebrahim	M30-34
1929	Matisonn	Shaun	M50-54
1930	Sudo	Hiroshi	M35-39
1931	Rechak	Hidare	M45-49
1932	Kassi	Mehdi	M35-39
1933	Palm-Henriksen	Carl	M18-24
1934	Martin	Yannick	M40-44
1935	Fonds	Fabrice	M45-49
1936	Benabud	Youssef	M45-49
1937	Qutub	Mahmoud	M45-49
1938	Khabarov	Vladislav	M45-49
1939	Wessel	Peter	M55-59
1940	Marza	Michael	M50-54
1941	Ahn	Stéphane	M55-59
1942	Fedorov	Aleksandr	M40-44

BIB	Surname	First Name	Group
1943	Buck	Rory	M35-39
1944	Serazhiyev	Zufar	M50-54
1945	Kuqi	Viron	M60-64
1946	Lagutin	Pavel	M35-39
1947	Blinov	Vitaliy	M45-49
1948	Mohamed Almansoori	Ahmed	M30-34
1949	Rajendran	Arun	M40-44
1950	Tingaev	Valerii	M55-59
1951	Lodha	Amit	M40-44
1952	Hamilton	Taylor	M30-34
1953	Elana	Maruan	M30-34
1954	Iglikov	Timur	M30-34
1955	Yeole	Mukesh	M50-54
1956	Исхаков	Маулен	M35-39
1957	Puranik	Swaroop	M40-44
1958	Stoclet	Eric	M65-69
1959	Kumar	Shantanu	M25-29
1960	Rufo	Ron Carlo	M35-39
1961	Tharal	Remesan	M45-49
1962	Moukarzel	Badih	M55-59
1963	Reynolds	Jason	M30-34
1964	Slack	Colin	M45-49
1965	Fourie	Henno	M30-34
1966	Garrett	Andrew	M60-64
1967	Antonenko	Aleksandr	M50-54
1968	Salandra	Raimondo	M50-54
1969	Bell	Stewart	M40-44
1970	Harrison	Patrick	M25-29
1971	Guiney	David	M60-64
1972	Quiroga	Carlos	M50-54
1973	Markhanov	Sergei	M30-34
1974	Akhmetov	Arman	M40-44
1975	Shah	Rishab	M18-24
1976	Pautard	Stéphane	M55-59

BIB	Surname	First Name	Group
1977	Nassen	Jean-Marc	M45-49
1978	Schroeder	Armin	M55-59
1979	Bektursunov	Daniyar	M35-39
1980	Aminev	Artur	M35-39
1981	Khan	Umar Mohammed	M18-24
1982	Bannikov	Aleksey	M35-39
1983	Бондаренко	Александр	M40-44
1984	Smith	Anthony	M30-34
1985	Alharbi	Hashem	M45-49
1986	Chan	Howard	M25-29
1987	Lowe	Jason	M50-54
1988	Lamshed	Craig	M50-54
1989	El Fadil	Othmane	M25-29
1990	Malinin	Sergey	M35-39
1991	Laidlaw	Peter	M45-49
1992	Crompton	Thomas	M40-44
1993	Kamilov	Kamil	M30-34
1994	Alrujaib	Jassem	M30-34
1995	Marganov	Denis	M35-39
1996	Kadam	Ravindra	M55-59
1997	Pisueno	Enrico	M18-24
1998	Mukhambetov	Gabit	M45-49
1999	Zafeirakis	Konstantinos	M40-44
2000	Rybalko	Maxim	M40-44
2001	Hegarty	Michael	M40-44
2002	Alsraya	Abdulrazzaq	M30-34
2003	Adylbekov	Askhat	M40-44
2004	Rybkin	Igor	M30-34
2005	Stavrianos	Aristeidis	M55-59
2006	Seipilmalik	Alan	M25-29
2007	Martins	Paulo	M45-49
2008	Kinsey	Thomas	M30-34



PARTICIPANT LIST



BIB	Surname	First Name	Group
2009	Kayser	Martin	M50-54
2010	Jakubów	Marek	M30-34
2011	Alhathlol	Majed	M45-49
2012	Dabri	Prashant	M55-59
2013	Sykes	Oliver	M35-39
2014	Burianek	Miroslav	M45-49
2015	Almuzairei	Abdulaziz	M30-34
2016	Awad	Mohanned	M40-44
2017	Rubbo	Denis	M45-49
2018	Khandodiya	Deepak	M30-34
2019	Pugachev	Nikolay	M40-44
2020	Sizov	Evgeny	M40-44
2021	Salibayev	Rustem	M40-44
2022	Trzcinski	Frederick	M45-49
2023	Froltsov	Sergei	M35-39
2024	Lazar	Nicolae	M40-44
2025	Seleznev	Aleksandr	M45-49
2026	Marcolini	Benoit	M45-49
2027	Wilder	Robert	M50-54
2028	Sukhono-senko	Mykyta	M35-39
2029	Sokolov	Mikhail	M40-44
2030	Whiterod	David	M45-49
2031	Tazi	Karim	M45-49
2032	Schmidt	Frank	M50-54
2033	Jhala	Pradhuman	M45-49
2034	Etheridge	Greg	M35-39
2035	Ogrodnik	Boguslaw	M55-59
2036	Galbiati	Andrea	M50-54
2037	Cashin	Sean	M45-49
2038	Ali	Mohammad	M30-34
2039	Coetzee	Rob	M60-64
2040	Mohamed	Wafi	M30-34
2041	Nurakhmetov	Erlan	M45-49

BIB	Surname	First Name	Group
2042	Martyanov	Mike	M45-49
2043	Gempel	Igor	M35-39
2044	Charlampovičius	Aleksandras	M30-34
2045	Tillon	Stéphane	M55-59
2046	Larmuseau	Frederic	M50-54
2047	Megder	Ismail	M35-39
2048	Rastrihin	Dmytro	M40-44
2049	Ireland	Mitch	M30-34
2050	Bosak	Vadym	M30-34
2051	Al Assam	Ammar	M45-49
2052	Alnuaimi	Abdulla	M25-29
2053	Sherlock	Ryan	M40-44
2054	Alali	Ayoub	M40-44
2055	Rakhmatullin	Birzhan	M35-39
2056	Zhangulov	Azamat	M40-44
2057	Malik	Surender	M35-39
2058	Abbott	Che	M40-44
2059	Sousa	Marcelo	M40-44
2060	Ross	Craig	M50-54
2061	Shedid	Mostafa	M35-39
2062	Nazer	Abdul	M35-39
2063	Berlizev	Mikhail	M40-44
2064	Benitez	Jhon	M50-54
2065	Sezkhan	Kogershin	M35-39
2066	Nalgundwar	Nikhil	M35-39
2067	Ilin	Yuri	M30-34
2068	Byrne	Bryan	M55-59
2069	Selim	Monzer	M45-49
2070	Stockham	Phil	M35-39
2071	Essert	Greg	M45-49
2072	Dyussenov	Bakhytbek	M35-39
2073	Pak	Aleksandr	M35-39
2074	Orlov	Lev	M45-49

BIB	Surname	First Name	Group
2075	Game3	Amr	M30-34
2076	Malik	Haas	M45-49
2077	Lim	Lord William	M35-39
2078	Lesbats	Christophe	M40-44
2079	Al Masroori	Mohammed	M30-34
2080	Ayagan	Zaurbek	M40-44
2081	De Bellefroid	Harold	M30-34
2082	Plotnikov	Viktor	M45-49
2083	Franchi	Jean-Luc	M60-64
2084	Bunyadov	Ali	M35-39
2085	Cronin	Gearóid	M30-34
2086	Mansouri	Mohamed Amine	M45-49
2087	Mlinar	Branko	M75-79
2088	Butcher	Clinton	M45-49
2089	Chaker	Tawfic	M40-44
2090	Harangozo	Tamas	M40-44
2091	Tudor	Stefan Cosmin	M50-54
2092	Manfredi	Stefano	M50-54
2093	Abraham	Wees	M35-39
2094	Deldo	Rimmon	M40-44
2095	Harper	Scott	M50-54
2096	Al-dabergenov	Yerzhan	M30-34
2097	Nel	Sean	M30-34
2098	Vakil	Sahil	M40-44
2099	Khaoulani	Adil	M40-44
2100	Bakaev	Rustem	M40-44
2101	Kingushanov	Pavel	M30-34
2102	Mcnamara	Paul	M40-44
2103	Nowacki	Tomasz	M45-49
2104	Zharylkassy nov	Darkhan	M30-34



PARTICIPANT LIST



BIB	Surname	First Name	Group
2105	Vinatoru	Sebastian	M35-39
2106	Lauko	Denis	M45-49
2107	Beirne	Jonathan	M30-34
2108	Rouhana	Jad	M30-34
2109	Timlin	Mark	M25-29
2110	Orlov	Aleksandr	M40-44
2111	Cristancho Mendez	Luis Fernando	M45-49
2112	Alnuaimi	Majid	M25-29
2113	Hatsko	Dzmitry	M45-49
2114	Martin	Justin	M50-54
2115	Ralph	Nick	M45-49
2116	Luis	Jorge	M30-34
2117	Porozza	Сергей	M50-54
2118	Shmakov	Anatoly	M30-34
2119	Moreau	Arnaud	M35-39
2120	Боталов	Александр	M35-39
2121	Babic	Srdjan	M40-44
2122	Demchenko	Timothy	M45-49
2123	Nikolaev	Dmitrii	M40-44
2124	Hartlieb	Hubert	M45-49
2125	Bennett	Mark	M35-39
2126	Bedelkhan	Ayan	M35-39
2127	Parker	Keith	M35-39
2128	Alzaabi	Faris	M30-34
2129	Abuan	Ehrlich Ross	M35-39
2130	Verma	Virender	M35-39
2131	Almubarak	Majed	M30-34
2132	Bjerregaard	Andreas	M35-39
2133	Almulla	Yousuf	M40-44
2134	Alali	Abdulla	M25-29
2135	George	Ian	M50-54
2136	Neumann	Krzysztof	M50-54
2137	De Voeght	Wim	M50-54

BIB	Surname	First Name	Group
2138	Siokis	Vasilios	M50-54
2139	Vikharev	Aleksei	M35-39
2140	Almuhairei	Sultan	M25-29
2141	Singh Manihani	Dharampal	M55-59
2142	Zeidler	Christian	M45-49
2143	El Jisr	Karim	M45-49
2144	Krylov	Anton	M30-34
2145	Iuldashev	Radik	M40-44
2146	Al-Suwaidi	Omar	M25-29
2147	Alsheebani	Abdulrahman	M25-29
2148	Bodrov	Sergey	M40-44
2149	Grigorii	Krichmara	M30-34
2150	Alkhalifa	Saqer	M40-44
2151	Alyammahi	Saif	M25-29
2152	Aldarmaki	Khalifa	M40-44
2153	Alfaisal	Saud	M35-39
2154	Calahorra	Mikel	M35-39
2155	Schouwaerts	Michael	M45-49
2156	Alkaabi	Ali Ahmed	M25-29
2157	Jamal	Salem	M18-24
2158	Wikaliński	Jarosław	M50-54
2159	Sieńczyk	Wojciech	M50-54
2160	Edlund	Charlie	M55-59
2161	Argi	Patrick	M45-49
2162	Sharma	Sahil	M35-39
2163	Alqassimi	Mohammed	M40-44
2164	Maeleb	Faris	M40-44
2165	Pasikov	Alexey	M55-59
2166	Weichel	Axel	M55-59
2167	Kieser	Max	M25-29
2168	Vanthoor	Laurens	M30-34
2169	Caluma	Joseph Joy	M40-44

BIB	Surname	First Name	Group
2170	Martkochakov	Anton	M40-44
2171	Baddour	Nicolas	M50-54
2172	Luberti	Andrea	M50-54
2173	Watson	Nick	M50-54
2174	Cornally	Josh	M30-34
2175	Muslim	Muslimov	M40-44
2176	Kim	Dmitrii	M40-44
2177	Saeed Alghandi	Humaid	M50-54
2178	Bakerli	Tony	M55-59
2179	Crozier	Sam	M40-44
2180	Crozier	Billy	M50-54
2181	Sidorenko	Alex	M40-44
2182	Slepov	Ilya	M40-44

START TIME 7:00

BIB Team name

RELAY TEAM

2400	1 to Tri
2401	3 Fast 3 Furious
2402	3F Striders
2403	Abu Dhabi Police
2404	AD police Ladies team
2405	Adamko Robko
2406	Ahmednagar Cycling Club
2407	Al Ameen
2408	Al Seer
2409	Allez courage!
2410	ASK
2411	BARTMEN
2412	BR1
2413	BRelay
2414	December Queens
2415	Dubai CBA



PARTICIPANT LIST



BIB	Team name	BIB	Team name	BIB	Team name
2416	First Timers	2451	Raptor B	2486	WOWLife
2417	FOFS	2452	Raptor D	2487	YAY
2418	FRU Wonder Women	2453	Raptors A		
2419	GEOS TEAM	2454	Raptors C		
2420	German speedsters	2455	Rullez Crew		
2421	Girls IQ	2456	Sharjah Triathlon		
2422	GIVING IT A TRI	2457	Spirit		
2423	Greek Amazones	2458	Team A.L.		
2424	IDS-GentleHands	2459	Team AAA		
2425	ILSS Spinneys DCS Team	2460	Team Bad Bull Toom		
2426	InnerFight and Flight	2461	Team Bahrain		
2427	IronBeauty	2462	TEAM CAMPR		
2428	Ironic	2463	Team Hendrix		
2429	Kearney	2464	Team Last Minute		
2430	KeralaRidersUAE	2465	TEAM MALECKI		
2431	KKK Team	2466	Team Name		
2432	Kolyasnikov Team 3	2467	Team NLCS		
2433	KuzenBirlik	2468	Team Sagiyev		
2434	Lifespark ladies	2469	Team Serbia		
2435	M&M TFDT	2470	Tenacity		
2436	Make Qazaqstan Great	2471	Thé Beach girls		
2437	MAORI OPANGO	2472	The Ramadans		
2438	Misfits	2473	The Red Sea Development Company		
2439	MIT	2474	Tri Connect		
2440	NFC Misr-Lux	2475	Trifecta		
2441	NISHITA SIVAPPA RATHI & NAMITHA HINDUJA	2476	TriMe		
2442	NJS-T1	2477	Turkish Warriors		
2443	NLCS Dubai	2478	VAZUCA		
2444	North African Amigas	2479	WE TRI TEAM		
2445	OdabasIron	2480	Weekend warriors		
2446	PAK Lions	2481	Worth a Tri		
2447	Perfectum Relay	2482	WOW Fire Starters		
2448	Quads of Glory !	2483	Wow Gourmet Chasers		
2449	Queen Bees	2484	WowBreakthrough		
2450	Qypshaq	2485	WoW-Kurumbas		



2022 BENEFITS

IRONMAN
TRICLUB PROGRAM



TRICLUB BIKE
RACKING



FREE
RACE ENTRY



COMPETITION



TRICLUB SWIM
CAP



LOW BIB
NUMBERS



TRICLUB
VILLAGE



VIP PASS



GLOBAL
RANKINGS



GROUP
REGISTRATION



CHAMPIONSHIP
EVENTS



TRICLUB
ROSTER



TRICLUB
NEWSLETTER



ONLINE
COMMUNITY



SPECIAL
CLUB PHOTO



DISCOUNT
OFFER



EARLY ENTRY



WORLD
CHAMPIONSHIP
POINTS



***Benefits offered may vary and may not be offered at all races.
Club must be registered and athletes must be affiliated to receive benefits***



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F O T O
S P O R T O G R A F . C O M
F L A T



SHUKRAN VOLUNTEERS

We would like to extend our heartfelt gratitude to all our volunteers on behalf of the IRONMAN 70.3 Dubai. We appreciate and thank you for your commitment, time and energy to make this event a huge success.

The IRONMAN Dubai team, marshals, volunteers and competitors went out of their way to make the race one of the sought after event in the globe. We take great pride in each person's remarkable contribution which made this event possible.

The event is not organised over a fortnight but takes several days and weeks of planning and hands-on work. Cheers to all our volunteers who selflessly worked throughout to put on each race. To our race promoters, we say thank you for their impeccable work. The hardy souls at the aid station knew how to lift the racers spirits. We thank each volunteer who played those critical roles in ensuring the safety, marking the course and providing hydration and nutrition along the way.

IRONMAN 70.3 Dubai's volunteers were the pillars behind the victory of the event. Without the immense commitment and dedication of every single person involved, the third edition of the race would have been impossible. We cheer you on and look forward to seeing you for future events.





OUR EVENTS ARE ALWAYS REMEMBERED..



فعاليات ذ.م.م.
FAALYAT W.L.L.

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